

## **Jumi Hayaki, Ph.D.**

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### **CONTACT INFORMATION**

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### **EDUCATION**

#### **Brown University Clinical Psychology Training Consortium, Providence, RI**

Predoctoral Psychology Internship (July, 2001 – June, 2002)  
Postdoctoral Research Fellowship (August, 2002 – August, 2004)

#### **Rutgers, The State University of New Jersey, New Brunswick, NJ**

Doctor of Philosophy, Psychology (Program in Clinical Psychology)  
October, 2002

#### **Yale University, New Haven, CT**

Bachelor of Arts (*cum laude*)  
Psychology (Intensive Major)  
May, 1995

### **PROFESSIONAL EXPERIENCE**

2013-present	<b>Associate Professor</b> Department of Psychology, College of the Holy Cross, Worcester, MA
2007-2013	<b>Assistant Professor</b> Department of Psychology, College of the Holy Cross, Worcester, MA
2009-2010	<b>Research Associate</b> Butler Hospital, Providence, RI (an affiliate of Alpert Medical School at Brown University, Providence, RI)
2005-2007	<b>(Visiting) Assistant Professor</b> Department of Psychology, St. Olaf College, Northfield, MN
2005	<b>Visiting Assistant Professor</b> Department of Psychology, Macalester College, St. Paul, MN
2002-2004	<b>Postdoctoral Fellow</b> Substance Abuse Research Unit, Rhode Island Hospital Brown University Clinical Psychology Training Consortium, Providence, RI
2001-2002	<b>Predoctoral Intern</b> Brown University Clinical Psychology Training Consortium, Providence, RI

**TEACHING EXPERIENCE**

**Associate Professor**  
2013-present

**College of the Holy Cross, Worcester, MA**

*Department of Psychology*

*Gender, Sexuality, and Women's Studies Concentration*

- Psychopathology (formerly Abnormal Psychology; Psyc 229)
- Research Methods (Psyc 201)
- Substance Use, Misuse, and Abuse (Psyc 337)
- Eating and Its Disorders (Psyc 399/334)
- Other: Directed Readings (Psyc 470); Research Projects (Psyc 480); College Honors Thesis; Gender, Sexuality, and Women's Studies Capstone

**Assistant Professor**  
2007-2013

**College of the Holy Cross, Worcester, MA**

*Department of Psychology*

*Women's & Gender Studies Concentration*

- Abnormal Psychology (Psyc 229)
- Research Methods (Psyc 201)
- Substance Use, Misuse, and Abuse (Psyc 399/337)
- Mental Health & Culture (Psyc 399/340)
- Other: Directed Readings (Psyc 470), Research Projects (Psyc 480), Women's & Gender Studies Capstone, College Honors Thesis

**(Visiting) Assistant Professor**  
2005-2007

**St. Olaf College, Northfield, MN**

*Department of Psychology*

- Clinical & Counseling Psychology (formerly Psychology of Counseling)
- Psychopathology (formerly Abnormal Psychology)
- Principles of Psychology
- Investigative Explorations in Psychology
- Other: Academic Internship; Independent Study; Independent Research

**Visiting Assistant Professor**  
2005

**Macalester College, St. Paul, MN**

*Department of Psychology*

- General Psychology
- Psychology of Gender

**Research Mentor**  
2003-2004

**Brown University, Providence, RI**

*Substance Abuse Research Unit, Rhode Island Hospital*

**Lecturer**  
1997-2000

**Rutgers, The State University of New Jersey, Piscataway, NJ**

*Department of Psychology*

- Abnormal Psychology

**Laboratory Instructor**  
1999-2000

**Rutgers, The State University of New Jersey, Piscataway, NJ**

*Department of Psychology*

**Recitation Instructor**  
1998

**Rutgers, The State University of New Jersey, Piscataway, NJ**

*Department of Psychology*

**Teaching Assistant**  
1996-1999

**Rutgers, The State University of New Jersey, Piscataway, NJ**

*Department of Psychology*

**CLINICAL EXPERIENCE**

- 9/02-8/04     **Postdoctoral Fellow & Clinical Interventionist**  
*Brown University Clinical Psychology Training Consortium, Providence, RI*  
 Primary Supervisors: Susan Ramsey, Ph.D., Duane Bishop, M.D.
- 7/01-6/02     **Predocctoral Psychology Intern**  
*Brown University Clinical Psychology Training Consortium, Providence, RI*  
 Rotations:     Alcohol and Drug Treatment Services, Butler Hospital  
                   Mood Disorders Program, Rhode Island Hospital  
                   Center for Anxiety & Phobia Management, Rhode Island Hospital  
                   Pediatric Sleep Disorders Center, Hasbro Children's Hospital  
 Primary Supervisors: Richard Brown, Ph.D., Ivan Miller, Ph.D., Donn Posner, Ph.D.
- 9/96-5/99     **Staff Clinician**  
*Rutgers University Eating Disorders Clinic, Piscataway, NJ*  
 Supervisor: G. Terence Wilson, Ph.D.
- 3/98-5/00     **Staff Clinician and Clinic Coordinator**  
*Rutgers University Anxiety Disorders Clinic, Piscataway, NJ*  
 Supervisor: Michael R. Petronko, Ph.D.
- 4/98-12/99    **Behavior Specialist**  
*Natural Setting Therapeutic Management, Rutgers University, Piscataway, NJ*  
 Supervisors: Michael Petronko, Ph.D., Russell Kormann, Ph.D., Cynthia Maher, Psy.D.
- 9/97-5/98     **Clinician**  
*Psychology Clinic, Rutgers University, Piscataway, NJ*  
 Supervisors: Donald Morgan, Psy.D., Susan Arbeiter, Psy.D., Renee Troiano, Ph.D.
- 1/97-2/98     **Clinician**  
*Department of Psychiatry, Robert Wood Johnson Medical School, Piscataway, NJ*  
 Supervisors: Lesley A. Allen, Ph.D., Paul M. Lehrer, Ph.D., Robert L. Woolfolk, Ph.D.

**PUBLICATIONS\***

\*Holy Cross student co-author

- Hayaki, J.**, Anderson, B. J., & Stein, M. D. (2018). Dual use of alcohol and marijuana and condomless sex in young adult men and women: A within-subject day-level analysis. *The American Journal on Addictions*, 27, 413-418.
- Holzhauser, C. G., Epstein, E. E., **Hayaki, J.**, Marinchak, J. S., McCrady, B. S., & Cook, S. M. (2017). Moderators of sudden gains after sessions addressing emotion regulation among women in treatment for alcohol use. *Journal of Substance Abuse Treatment*, 83, 1-9.
- Hayaki, J.**, Anderson, B. J., & Stein, M. D. (2016). Dual cannabis and alcohol use disorders in young adults: Problems magnified. *Substance Abuse*, 37, 579-583.

- Hayaki, J., & \*Free, S.** (2016). Positive and negative eating expectancies in disordered eating among women and men. *Eating Behaviors, 22*, 22-26.
- \*Perry, R. M., & **Hayaki, J.** (2014). Gender differences in the role of alexithymia and emotional expressivity in disordered eating. *Personality and Individual Differences, 71*, 60-65.
- Caviness, C. M., Hagerty, C. E., Anderson, B. J., de Dios, M. A., **Hayaki, J.**, Herman, D., & Stein, M. D. (2013). Self-efficacy and motivation to quit marijuana use among young women. *The American Journal on Addictions, 22*, 373-380.
- Hayaki, J.**, Anderson, B., & Stein, M. (2012). Sexual risk-taking mediates the association between impulsivity and acquisition of sexually transmitted infections among hazardously drinking incarcerated women. *The American Journal on Addictions, 21*, S63-S71.
- Hayaki, J.**, Herman, D. S., Hagerty, C. E., de Dios, M. A., Anderson, B. J., & Stein, M. D. (2011). Expectancies and self-efficacy mediate the effects of impulsivity on marijuana use outcomes: An application of the acquired preparedness model. *Addictive Behaviors, 36*, 389-396.
- Hayaki, J.**, Hagerty, C. E., Herman, D. S., de Dios, M. A., Anderson, B. J., & Stein, M. (2010). Expectancies and marijuana use frequency and severity among young females. *Addictive Behaviors, 35*, 995-1000.
- de Dios, M. A., Hagerty, C. E., Herman, D. S., **Hayaki, J.**, Anderson, B. J., Budney, A. J., & Stein, M. (2010). General anxiety disorder symptoms, tension reduction and marijuana use among young adult females. *Journal of Women's Health, 19*, 1635-1642.
- Hayaki, J.** (2009). Negative reinforcement eating expectancies, emotion dysregulation, and symptoms of bulimia nervosa. *International Journal of Eating Disorders, 42*, 552-556.
- Hayaki, J.**, Anderson, B. J., & Stein, M. D. (2008). Drug use expectancies among nonabstinent community cocaine users. *Drug and Alcohol Dependence, 94*, 109-115.
- Hayaki, J.**, Anderson, B. J., & Stein, M. D. (2006). Sexual risk behaviors among substance users: Relationship to impulsivity. *Psychology of Addictive Behaviors, 20*, 328-332.
- Friedmann, P. D., Rose, J., **Hayaki, J.**, Ramsey, S., Charuvastra, A., Dube, C., Herman, D., & Stein, M. D. (2006). Training primary care clinicians in maintenance care for moderated alcohol use. *Journal of General Internal Medicine, 21*, 1269-1275.
- Engler, P., Anderson, B., Herman, D., Bishop, D., Miller, I., Pirraglia, P., **Hayaki, J.**, & Stein, M. (2006). Coping and burden among informal HIV caregivers. *Psychosomatic Medicine, 68*, 985-992.
- Hayaki, J.**, Stein, M. D., Lessor, J. A., Herman, D. H., & Anderson, B. J. (2005). Adversity among drug users: Relationship to impulsivity. *Drug and Alcohol Dependence, 78*, 65-71.
- Loeb, K. L., Wilson, G. T., Labouvie, E., Pratt, E. M., **Hayaki, J.**, Walsh, B. T., Agras, W. S., & Fairburn, C. G. (2005). Therapeutic alliance and treatment adherence in two interventions for bulimia nervosa. *Journal of Consulting and Clinical Psychology, 73*, 1097-1107.
- Hayaki, J.**, Anderson, B. J., & Stein, M. D. (2004). Perceptions of health risk susceptibility in methadone maintained smokers. *Journal of Addictive Diseases, 24*, 73-84.

- Hayaki, J.**, Friedman, M. A., Whisman, M. A., Brownell, K. D., & Delinsky, S. D. (2003). Sociotropy and bulimic symptoms in clinical and nonclinical samples. *International Journal of Eating Disorders*, *34*, 172-176.
- Kahler, C. W., Strong, D. R., **Hayaki, J.**, Ramsey, S. E., & Brown, R. A. (2003). An item response analysis of the Alcohol Dependence Scale in treatment-seeking alcoholics. *Journal of Studies on Alcohol*, *64*, 127-136.
- Hayaki, J.**, Friedman, M. A., & Brownell, K. D. (2002). Shame and severity of bulimic symptoms. *Eating Behaviors*, *3*, 73-83.
- Hayaki, J.**, Friedman, M. A., & Brownell, K. D. (2002). Emotional expression and body dissatisfaction. *International Journal of Eating Disorders*, *31*, 57-62.
- McCrary, B. S., **Hayaki, J.**, Epstein, E. E., & Hirsch, L. S. (2002). Testing hypothesized predictors of change in conjoint behavioral alcoholism treatment for men. *Alcoholism: Clinical and Experimental Research*, *26*, 463-470.
- Epstein, E. E., Labouvie, E., McCrary, B. S., Jensen, N. K., & **Hayaki, J.** (2002). A multisite study of alcohol subtypes: Classification and overlap of unidimensional and multidimensional typologies. *Addiction*, *97*, 1041-1053.
- Morgenstern, J., Blanchard, K. A., Morgan, T., Labouvie, E., & **Hayaki, J.** (2001). Testing the effectiveness of cognitive behavioral treatment for substance abuse in community setting: Within and posttreatment outcomes. *Journal of Consulting and Clinical Psychology*, *69*, 1007-1017.
- Slay, H. A., **Hayaki, J.**, Napolitano, M. A., & Brownell, K. D. (1998). Motivations for running and eating attitudes in obligatory versus non-obligatory runners. *International Journal of Eating Disorders*, *23*, 267-275.
- Hayaki, J.**, & Brownell, K. D. (1996). Behavior change in practice: Group approaches. *International Journal of Obesity & Related Metabolic Disorders*, *20*, S27-30.

### **PROFESSIONAL CONFERENCE PRESENTATIONS\***

*\*Holy Cross student co-author*

- Berman, N. C., **Hayaki, J.**, & Wilhelm, S. (2018, November). How low can you go? Clinical utility of subjective habituation in exposure therapy for OCD. Poster to be presented at the 52<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.
- Holzhauser, C. G., Epstein, E. E., **Hayaki, J.**, Marinchak, J. S., McCrary, B. S., & Cook, S. M. (2016, October). Moderators of sudden gains after sessions addressing comorbidity in CBT treatment for women with alcohol use disorders. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- Hayaki, J.** (2011, November). Sex differences in the role of mindfulness in symptoms of bulimia nervosa. Symposium talk (Cortney S. Warren, Ph.D., Chair), Sex Differences in the Manifestation, Diagnosis, and Treatment of Eating Pathology. Paper presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Canada.

- Hayaki, J., & \*Hillen, L.** (2010, November). Impulsivity predicts symptoms of bulimia nervosa in women but not men. Poster presented at the 44th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), San Francisco, CA.
- Hayaki, J., & \*Bochacki, C.** (2009, November). Sex differences in the role of mindfulness in predicting bulimic symptoms: A pilot study. Poster presented at the 43<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- Hayaki, J., & \*Bochacki, C.** (2009, November). Do lack of emotional awareness and limited access to emotion regulation strategies predict purging behavior? (A pilot study). Poster presented at the 43<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- Hayaki, J., & \*Bochacki, C.** (2009, August). Emotion dysregulation predicts binge eating beyond dieting, body image disturbance. Poster presented at the 117<sup>th</sup> Annual Convention of the American Psychological Association (APA), Toronto, Canada.
- Hayaki, J., \*Panza, E., & \*Sica, A.** (2008, November). The association of emotion dysregulation and eating expectancies with bulimic symptoms. Poster presented at the 42<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Orlando, FL.
- Hayaki, J., \*Johnson, A., \*Schreiber, L. R., \*Tucker, B. T., \*Wagenaar, B. H., \*Thornblad, S. C., & Roback, P.** (2007, November). Experiential avoidance, alexithymia, eating expectancies, and bulimic symptoms. Poster presented at the 41<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
- Engler, P. A., & **Hayaki, J.** (2004, November). A longitudinal investigation of restraint, negative affect, and bulimic symptoms. Poster presented at the 38<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy (AABT), New Orleans, LA.
- Engler, P. A., **Hayaki, J.**, & Crowther, J. H. (2004, August). Predicting future stress using bulimic symptomatology and coping style. Poster presented at the 112<sup>th</sup> Annual Convention of the American Psychological Association (APA), Honolulu, HI.
- Hayaki, J., Friedmann, P. D., Ramsey, S. E., McGraw, J. D., & Stein, M. D.** (2003, November). Alcohol use disorders in primary care: Correlative validity of DSM-IV early and sustained remission. Poster presented at the Annual Conference for the Association for Medical Education and Research in Substance Abuse (AMERSA), Baltimore, MD.
- Hayaki, J., Friedmann, P. D., Ramsey, S. E., McGraw, J. D., & Stein, M. D.** (2003, March). Maintenance primary care for alcohol-related disorders in remission. Poster presented at the Brown Medical School Department of Psychiatry & Human Behavior Annual Research Symposium, Providence, RI.
- Loeb, K. L., Wilson, G. T., Pratt, E. M., **Hayaki, J.**, Walsh, B. T., Agras, W. S., & Fairburn, C. G. (2002, April). Therapeutic alliance and treatment quality in two interventions for bulimia nervosa. Poster presented at the Academy for Eating Disorders (AED) International Conference on Eating Disorders, Boston, MA.
- Hayaki, J., & Wilson, G. T.** (2001, November). The effect of written emotional expression on body image dissatisfaction among women. Poster presented at the 35<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy (AABT), Philadelphia, PA.

- Blanchard, K. A., Morgenstern, J., Morgan, T. J., Labouvie, E., & **Hayaki, J.** (2000, June). Substance type as a predictor of treatment outcome: Should we sacrifice generalizability in exchange for internal validity? Poster presented at the Annual Convention of the Research Society on Alcoholism (RSA), Denver, CO.
- Morgan, T. J., Morgenstern, J., Blanchard, K., Labouvie, E., & **Hayaki, J.** (2000, June). Health related quality of life for adults participating in outpatient substance abuse treatment. Poster presented at the Annual Convention of the Research Society on Alcoholism (RSA), Denver, CO.
- Hayaki, J.**, Wilson, G. T., Brodin, R. E., & Bradley, L. (1999, November). Disordered eating and general psychopathology among morbidly obese candidates for surgery. Poster presented at the 33<sup>rd</sup> Annual Convention of the Association for Advancement of Behavior Therapy (AABT), Toronto, Canada.
- Hayaki, J.**, Wilson, G. T., & Labouvie, E. (1999, November). Dieting, weight status, and psychological functioning among male and female adolescents. Poster presented at the 33<sup>rd</sup> Annual Convention of the Association for Advancement of Behavior Therapy (AABT), Toronto, Canada.
- Morgenstern, J., Morgan, T. J., Labouvie, E., O'Neil, K., Macdonald, A., & **Hayaki, J.** (1999, June). Testing the effectiveness of cognitive behavioral treatment in a real world setting: Within treatment outcomes. Poster presented at the Annual Convention of the Research Society on Alcoholism (RSA), Santa Barbara, CA.

### **AWARDS & GRANTS**

*Please contact Jumi Hayaki for further details.*

### **STUDENT RESEARCH MENTORING**

*Please contact Jumi Hayaki for further details.*

### **COLLEGE-WIDE AND PSYCHOLOGY DEPARTMENT SERVICE**

*Please contact Jumi Hayaki for further details.*

### **SERVICE TO THE PROFESSION: JOURNAL REVIEWS**

*Addiction Research & Theory*  
*Addictive Behaviors*  
*AIDS & Behavior*  
*The American Journal of Drug and Alcohol Abuse*  
*The American Journal on Addictions*  
*Archives of General Psychiatry*  
*Clinical Psychology Review*  
*Cognitive & Behavioral Practice*  
*Cognitive Therapy & Research*

*Comprehensive Psychiatry*  
*Drug and Alcohol Dependence*  
*Eating Behaviors*  
*Journal of Psychoactive Drugs*  
*Personality & Individual Differences*  
*Psychiatry Research: Neuroimaging*  
*Sex Roles*  
*Substance Use and Misuse*

**OTHER PROFESSIONAL ACTIVITIES**

Reviewer, *Abnormal Psychology* (Ohlinger Publishing Services, Pearson Education, M. Feldner) (2017)  
Convention Submission Reviewer, Association for Behavioral and Cognitive Therapies (ABCT) Obesity & Eating Disorders Special Interest Group (2011, 2012, 2013)  
Reviewer, *Abnormal Psychology, 7<sup>th</sup> edition* (Worth Publishers, R. Comer) (2010)  
Member, Minnesota Psychological Association (MPA) Paterson Award Committee (2006)  
Reviewer, American Psychological Association (APA) Annual Convention, Psychology of Women (Division 35) Proposals (2006)  
Reviewer, American Psychological Association (APA) Annual Convention, Psychology of Women (Division 35) Proposals (2005)

**CIVIC & COMMUNITY SERVICE**

2015 – present            Devereux Massachusetts and Rhode Island Advisory Board, Elected Member  
2008 – 2012            YWCA Daybreak Committee, Worcester, MA, Standing Member

**PROFESSIONAL AFFILIATIONS (current only listed)**

Association for Behavioral and Cognitive Therapies (ABCT)  
Psi Chi National Honor Society in Psychology