

Recommended Reading for College Parents

Making the most of college: Students speak their minds, by Richard J. Light

How Can I Find God?, edited by James Martin, S. J.

Finding God in All Things, by William Barry, S. J.

Contemplatives in Action, by William Barry and Robert Dougherty

Spirituality 101

When Kids go to College: A parent's guide to changing relationships, by Newman

Letting Go: A parent's guide to today's college experience, by Coburn and Treeger

Don't Tell Me What to do, Just Send Money: The essential parenting guide to the college years, by Johnson and Schelhas-Miller

The Real Freshman Handbook: A totally honest guide to live on campus, by Jennifer Hanson

You're On Your Own (But I'm Here if You Need Me): Mentoring your child during the college years, by Marjorie Savage

Beating the College Blues: A student's guide to coping with fitting in, roommates, studies, anxiety, by Paul A. Grayson, Ph.D. and Philip W. Meilman, Ph.D.

Chicken Soup for the College Soul: Inspiring and humorous stories about college, by Jack L. Canfield, Mark Victor Hanson and Kimberly Kirberger

How to Survive in an Empty Nest: Reclaiming your life when your children have grown, by Robert Lauder

Almost Grown: Launching your child from high school to college, by Patrick Pasick

Empty Nest, Full Heart: The journey from high school to college, by Andrea Van Steenhouse and Johanna Parker