BEGINNER AND EXPERIENCED TANGLERS WELCOME!

Come learn the steps that form the foundation of the Zentangle method. It’s a great place to start if you are new to Zentangle, or if you are a returning student and want to practice and develop your skills.

To start your zentangle journey, a mini kit will be available for $5 which is all you will need to bring to each class. The fee is $10 per class, including instruction and additional supplies that may be needed. In the future, seasonal creative workshops will also be offered.

Come to one or all classes. Different tangles will be taught at each class. Looking forward to seeing you for tangle tuesday!

Zentangle is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns.

Come learn the practice of Zentangle to increase creativity, reduce stress, and experience artistic satisfaction along with an increased sense of personal well being... “yoga for the brain”.

If you can draw these five elemental strokes,

[graphic: dot, line, loop, circle, loop]

then you can create similar tangles:

INTRODUCING tangle tuesdays
FIRST TUESDAY OF EVERY MONTH
STARTING TUESDAY, MAY 3
JUNE 7
JULY 5
AUGUST 2
12 NOON–1PM

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Graphic Designer, Graphic Arts Services, College of the Holy Cross

Brought to you by
WORKSITE WELLNESS

zentangle ® Anything is possible...one stroke at a time™