



Oh Baby!

A health and wellness program for birth, baby and beyond

Fallon Community Health Plan is proud to offer Oh Baby!, a program for our members who are expecting or planning to adopt a baby. Oh Baby! has all kinds of information, as well as useful and important items (plus some fun extras!) to help welcome your new addition.

The Oh Baby! program includes:

- Prenatal vitamins and information about prenatal care
- Convertible toddler car seat
- Portable electric breast pump
- Home safety kit for childproofing your home
- Your choice of books:
 - *Caring For Your Baby and Young Child: Birth to Age 5*
 - *Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too*
- Reimbursement toward the cost of childbirth or sibling classes
- Exclusive discounts on baby announcements
- Drawings for \$100 American Express® Gift Cheques

You'll also receive resources, support and educational information, and other special items—all at no cost!

For more information, give us a call at
1-800-868-5200 (TTY users, please call TRS Relay 711)
Monday through Friday, 8 a.m. to 6 p.m.

More benefits. More services. More you.
fchp.org ■ 1-800-868-5200