

Helmet Care and Use Statement

For: Football/Ice Hockey/Men's Lacrosse/Baseball/Softball Athletes

The following statement is from the NOCSAE approved guidelines. Please read it carefully and sign your name on the bottom of this sheet.

DO NOT USE THIS HELMET TO BUTT, RAM, OR SPEAR AN OPPOSING PLAYER. THIS IS IN VIOLATION OF THE FOOTBALL RULES AND MAY RESULT IN SEVERE HEAD, BRAIN, OR NECK INJURY, PARALYSIS OR DEATH TO YOU AND POSSIBLE INJURY TO YOUR OPPONENT.

THERE IS A RISK THESE INJURIES MAY OCCUR AS A RESULT OF ACCIDENTAL CONTACT WITHOUT INTENT TO BUTT, RAM, OR SPEAR.

NO HELMET CAN PREVENT ALL SUCH INJURIES.

MAINTENANCE OF CORRECT FITTING IS ESSENTIAL TO THE USE OF ALL PROTECTIVE EQUIPMENT. FOOTBALL HELMETS ESPECIALLY MUST BE PROPERLY FITTED AND PROPERLY MAINTAINED IF THEY ARE TO SERVE THE PLAYER.

I have <u>read</u> the above statement and <u>understand</u> what the consequences are should I fail to adhere to the proper use of this protective equipment.

PRINT NAME OF STUDENT-ATHLETE:	
SIGNATURE OF STUDENT-ATHLETE:	DATE: