



**WELCOME
TO THIS
GUIDE
TO**

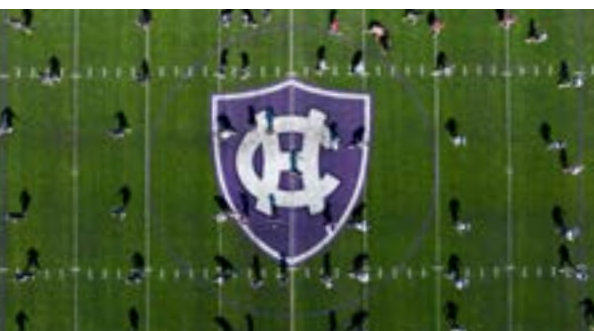
THE CLASS OF

**THE FIRST-YEAR
EXPERIENCE**



Holy Cross





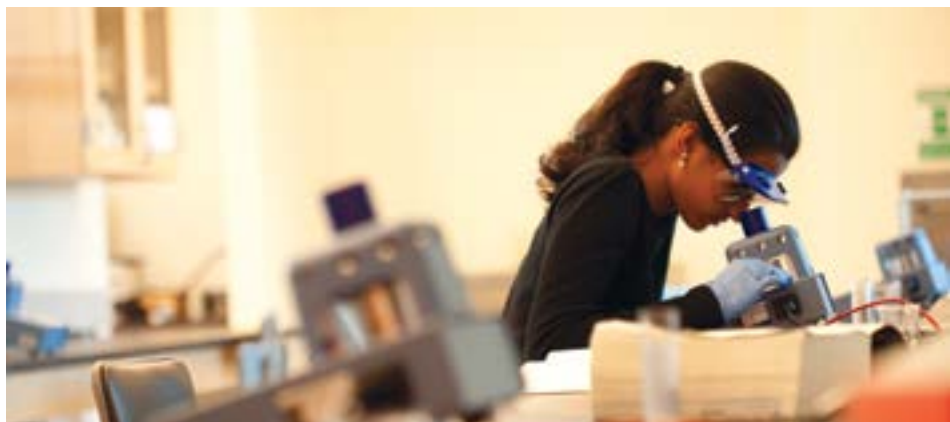
WELCOME TO HOLY CROSS!

Congratulations, Class of 2029, and welcome to Holy Cross!

The months leading up to your first day of college are full of excitement, anticipation and many questions. We've gathered together some of the key elements of the Holy Cross experience here for you, in the hope that it will help you begin to identify and sort your own questions, and think toward what your goals and aspirations might be.

A critical element to the college experience, and particularly the one you'll have at Holy Cross,

is identifying your interests and passions, and charting a path that lets you pursue those in a meaningful way. You'll find an array of supporters who will help you on that journey, from academic advisors to invested and caring faculty members to staff across campus. We want to help you to be intentional about your choices inside and outside of the classroom, to be reflective about those experiences and their impact on your own development, and to begin to envision how these inform your next steps after graduation. But, you don't have to have all



the answers right now! This guide is just the first piece of your four-year journey at Holy Cross. We encourage you to use it as a conversation starter, either with yourself, or with trusted family, mentors or friends. We've included space for you to use however it best suits you – make notes, ask questions or leave yourself reminders to return to at a later time.

We've also created an Incoming Students Website to help you keep track of all the important pieces of information. There you'll find more information about key dates and deadlines, instructions on how to

register for classes and housing (and when!), and more details about the variety of resources available to you: www.holycross.edu/incoming-students.

Finally, if you haven't done so already, be sure to set up your Holy Cross email account. That will be the primary location where you'll get communications from us, and will also be your login for many of our campus systems.

From,
Michelle Bata,
Associate Dean for Student Engagement

Bridget Franco
*Director of Montserrat and
Professor of Spanish*

**Omondi Andrew
and Joe Penny,**
Chaplains for the Class of 2029

Rob Bellin,
*Dean of the Class of 2028 and
Professor of Biology*

Tom Narita,
*Dean of the Class of 2029 and
Associate Professor of Physics*

WHAT'S IN THIS GUIDE



DON'T FORGET!

Check the Incoming Students Website for all your key forms and deadlines under the Forms and Action Due Dates tab

www.holycross.edu/incoming-students

Welcome to Holy Cross! **PAGE 01**

What's in This Guide **PAGE 02-03**

Living and Learning at Holy Cross **PAGE 04**

Gateways Orientation **PAGE 05**

Getting Connected **PAGE 06**

Network Account and Email **PAGE 06**

Student Academic Records System (STAR) **PAGE 06**

HC Connects **PAGE 06**

Ignite by Holy Cross **PAGE 06**

myHC **PAGE 06**

For Families **PAGE 07**

Parent Portal - STAR **PAGE 07**

Emergency Contact Information **PAGE 07**

College Communications **PAGE 07**

From The Hill to You **PAGE 07**

Save the Date! **PAGE 07**

Our Jesuit Mission **PAGE 08**

The College Chaplains at Campion House **PAGE 08**

Resources **PAGE 08**

Class Chaplain

Chaplain Check-In

Liturgy and Worship

Retreats at the Thomas P. Joyce '59 Contemplative Center

Student Programs for Urban Development (SPUD)

Immersion Programs

Soul Squads

Campion House

Academics **PAGE 10**

Your First Semester **PAGE 12**

Common Requirements

Summer Preparation

Learning Beyond the Classroom **PAGE 14**

Resources **PAGE 15**

Academic Advisors

Class Dean

Libraries

Academic Services and Learning Resources

Student Accessibility Services

Center for Career Development

Writer's Workshop

Important Dates **PAGE 16**

Montserrat **PAGE 17**

Contemporary Challenges **PAGE 18**

Core Human Questions **PAGE 18**

Divine **PAGE 18**

Global Society **PAGE 19**

Natural World **PAGE 19**

Self Cluster **PAGE 19**

Campus Life **PAGE 21**

The Holy Cross Community **PAGE 21**

Student Integrity and Community Standards

Justice, Equity, Belonging, and Identity

Student Involvement and Leadership

Residence Life **PAGE 22**

First Year Residence Halls

Registering for Housing

Hospitality **PAGE 23**

Meal Plan

Nutrition and Allergy Information

Student Employment **PAGE 23**

Health and Wellness **PAGE 24**

Student Accessibility Services

Counseling & Psychological Services (CAPS)

Health Services

Student Wellness Education

Campus Recreation **PAGE 25**

The Jo

Club and Intramural Sports

Intercollegiate Athletics **PAGE 25**

Spirit Programs **PAGE 26**

Resources **PAGE 27**

College Store

Crusader OneCard

Information Technology Services

Mail Services

Parking and Transportation

Resources **PAGE 27**

Office of the Bursar **PAGE 27**

Public Safety **PAGE 27**

Office of Title IX and Equal Opportunity **PAGE 27**

Important Contacts **PAGE 28**





LIVING AND LEARNING AT HOLY CROSS



You may be wondering what to expect in your first year – new people, new classes, new experiences. Here are three things that you can expect from this year:

- **You're going to be exposed to differences.** As you get to know others, you're going to meet people from so many different backgrounds, beliefs and experiences. Through your courses and other co-curricular experiences, you're going to be exposed to new and different, and sometimes competing, perspectives and ideas.
- **You'll be encouraged to engage in a way that's fundamentally Ignatian: with intention, reflection and respect.** As you grapple with the new ideas and perspectives that you'll encounter in your coursework, you'll have the opportunity to reflect and make sense of what that means for you: What do you believe? What issues are your issues? What do you care about? And as you meet others in clubs, on the field or in your courses, you're going to have to be intentional and sensitive to the differences you encounter as you make new friends and figure out how to live together in community.
- **You'll have plenty of support when you need it.** Everyone will be able to turn to their Montserrat professor, first-year advisor, Orientation Leader(s) and Resident Assistant(s). You'll also have your class dean and class chaplain. Some of you might also have coaches, supervisors and club leaders to lean on. And, you and your classmates will provide support to one another as you traverse these experiences together.

Each member of Holy Cross brings their own background, experiences and unique characteristics, which is part of what makes our campus community so dynamic. Through this guide, you'll start to get a glimpse of the many ways that you can shape your college experience, as you think about the first steps of this journey.

GATEWAYS ORIENTATION

The transition to college is an important time for students. At Holy Cross, we recognize the importance of this time during Gateways Orientation by providing students with the opportunity to settle into campus, learn essential information needed before the first day of classes and begin making connections and finding community on campus. This program involves the collaboration of student leaders, faculty and staff members who provide insight into what new students can expect in their Holy Cross experience. Gateways Orientation will introduce students to the academic, co-curricular and spiritual aspects of the College of the Holy Cross.

Gateways Orientation will begin following move-in day for the Class of 2029. The following days will contain programming for the class to explore themes of what it means to live and learn in community. All new students are expected to fully participate in Gateways Orientation.

More information will be shared over email and on the Gateways Orientation website throughout the summer.

MOVE-IN DAY

The College looks forward to welcoming the Class of 2029 to campus on Wednesday, August 20, 2025. After students move into their residence halls, there are a range of activities for students and families to participate in. See the schedule below. Please note, family members are asked to depart campus following the Mass of the Holy Spirit (at approximately 5:30 p.m.) so students can begin their Gateways Orientation program and begin building connections with their classmates.

8 A.M. – NOON

Move-in to Residence Halls for First-Year Students

First-Year students will move your belongings into your home for the academic year! An enthusiastic group of student volunteers will be awaiting your arrival and available to assist you move-in.

9 A.M. – 2 P.M.

Completing the Move-in Process

Hogan Campus Center, 4th Floor

Complete the move-in process by verifying important forms and documents have been completed. Be sure you are keeping up with tasks listed in your “Incoming Student Tasklist”.

11 A.M. – 2 P.M.

Lunch & Navigating Campus

Lunch

Hogan Campus Center, Basement
Students and families enjoy complimentary lunch from Dining Services.

Campus Services Fair

Hogan Campus Center, Ballroom

Meet various campus departments to learn more about key campus services and get answers to your questions.

Campus Tours

Departing from The Jo
Familiarize yourself with your new surroundings.

11:30 A.M. & 1:15 P.M.

Transitions Your Student's First Year

St. Joseph Memorial Chapel

Join Dean Michelle Bata and other members of the First Year Experience committee as they discuss developmental trends for college students as they transition to college. This session will provide a better understanding of the campus culture and suggest ways of staying involved while supporting student growth. This session will be offered in two one-hour rotations.

2:30 P.M. – 3:30 P.M.

New Students and Families Reception

Kimball Quad

Join Holy Cross faculty and staff for some light refreshments.

4 P.M.

Mass of the Holy Spirit

Fitton Field

New students and families are formally welcomed to start the new academic year. People of all faith traditions and beliefs are welcome at this Mass. This event will be live-streamed.

5:15 P.M.

Goodbye to Family and Friends

Time for families to depart campus so that students can begin their Gateways Orientation experience.

5:30 P.M.

Gateways Orientation

Students begin our orientation program.

GETTING CONNECTED

NETWORK ACCOUNT AND EMAIL

An email with important instructions regarding your network account will be sent to the email account used to apply to Holy Cross. Instructions will walk you through the process of activating your network and Gmail accounts. Please be sure to set these up as soon as possible, so you don't miss any important news or information from the College.

If you cannot locate the email, check your spam folder. If you are still unable to locate it, contact the ITS Help Desk using Helpdesk-Request@holycross.edu and another activation email will be initiated.

STUDENT ACADEMIC RECORDS SYSTEM (STAR)

STAR is the Holy Cross online student records system, and is accessed with your network username and password. You will use STAR this summer and throughout your four years at Holy Cross to enroll in classes; check your schedule, your degree requirements and your grades; update your addresses and emergency contact information; view your financial information and select a meal plan.

When you first access your STAR account, you will be prompted to complete a Financial Responsibility Statement (FRA) for the upcoming semester. Holy Cross is committed to being transparent about its billing and payment policies/procedures. We want our students to be aware of these policies and thus their responsibilities. Further information about the FRA can be found on the Bursar's Office website at www.holycross.edu/bursars-office/financial-responsibility-agreement. For FRA questions, please contact the **Office of the Bursar** at (508) 793-2521 or via email at bursar@holycross.edu.

When you first log in, you will be prompted to review your authorized users and grant consent for their access. As you control who has access to your information, you can add

additional authorized users. Authorized users are able to view your grades and financial aid and billing information. Follow the on-screen instructions to complete this required process. We recommend the Firefox web browser for STAR. For STAR questions, please contact the **Office of the Registrar** at 508-793-2511 or registraroffice@holycross.edu.

HC CONNECTS

HC Connects is an opportunity to connect with other students and families who are new to Holy Cross! If you'll be around any of these areas this summer, please join us for these regional meet-ups. HC Connects



is sponsored by the Division of Student Development. Students can register themselves and their families online.

Metro New York City

Monday, June 16 | 7 - 8:30 p.m.
St. Peter's Prep
144 Grand Street, Jersey City, NJ

Greater Philadelphia

Tuesday, June 17 | 7 - 8:30 p.m.
Academy of Notre Dame de Namur
560 Sproul Rd., Villanova, PA

Washington, D.C. Capital Region

Wednesday, June 18 | 7 - 8:30 p.m.
Georgetown Preparatory School
10900 Rockville Pike,
North Bethesda, MD

New England

Saturday, June 21 | 3 - 4:30 p.m.
Prior Performing Arts Center,
College of the Holy Cross
1 College Street, Worcester, MA

Chicagoland

Tuesday, June 24 | 7 - 8:30 p.m.
St. Ignatius College Prep

1076 West Roosevelt Rd., Chicago, IL

HC Connects: Virtual (Families)

Tuesday, July 8 | 8 p.m. EST
Parents and guardians are invited to join us for this virtual gathering. Participants can connect in small break-out rooms and have a chance to ask questions of current Holy Cross parents!

Questions?

Email hconnects@holycross.edu.

IGNITE BY HOLY CROSS

At Holy Cross, you will have a multitude of options to get involved and Ignite will serve as your home base for campus and academic life. Ignite is the College's intranet (a central communications hub). All Holy Cross students, faculty and staff have access to this platform and it will be available as a desktop and mobile experience. Keep an eye out for your Ignite login and invitation in early August!

myHC

myHC is an engagement platform that serves as a centralized hub for student involvement. Be sure to set up your Holy Cross email account, which you'll need to create a profile on myHC. Download the mobile app from the Google Play or App Store (search for myHC), or use the web version, available in the Google waffle or at myhc.holycross.edu.

What can I use myHC for?

Find out what's happening in student life. myHC offers an events calendar so you can see what's going on and register for events.

Join groups.

Looking to get involved? Explore and join student clubs and organizations, and connect with other offices and programs using the platform.

Stay connected.

Want to make new friends? Explore users through the platform directory. Want to connect with current friends? You can chat with them directly through the platform.

FOR FAMILIES

Welcome to Holy Cross!

As your student begins Holy Cross, we are also excited to welcome you as members of the Holy Cross community.

At Holy Cross, we recognize that although students are the drivers to their Holy Cross education, family involvement is important on their journey through emerging adulthood. We seek to engage, educate and inform parents and families so they can offer effective coaching and support to their developing student(s). The Office of Parent and Family Engagement will serve as a primary point of contact for you throughout your student's time at the College.

In addition to reviewing this guide and the information below with your student, we encourage you to explore the parent and family audience page on the Holy Cross website (holycross.edu/parents-and-families). Please encourage your student to reach out to the College with questions or concerns they may have.

As your student is preparing to begin college and is working to navigate this new transition, we recognize you might also have questions, concerns, or be looking for guidance on how to best support them. We are here to help you! Please keep an eye out for our onboarding emails throughout the summer and join us for the "From The Hill to You" webinar series this summer. See your email for registration information.

Please be in touch with us should you have questions. We look forward to connecting with you.

Sincerely,

Cathleen Doane Cannon

Director of Parent and Family Engagement
families@holycross.edu
(508) 793-3344

HOLY CROSS PARENT PORTAL

A portal for parents/guardians and other authorized users allows access to the student academic records system (STAR). Your student will receive an email with instructions to set up their network account in late May, to the email used to apply to Holy Cross. That account must be set up to access STAR.

Students control who has access to the parent portal and what information they may view. Under FERPA (Family Education Rights and Privacy Act), a student's account is private unless they grant access to it. A student can grant access to others by creating an authorized user account. If no authorized user is established, only the student will have access to their eBill and grades. Students are encouraged to grant access to their parents/guardians.

For parent/guardian access to TouchNet, the portal to view the semester eBill starting in late June to make payments, students must grant permissions separate from STAR access.

Instructions for students to grant access to authorized users, such as parents/guardians, to 1) STAR for academic and financial aid records and 2) TouchNet to view and pay the bill are available on the [Bursar's Office](#) website.



EMERGENCY CONTACT INFORMATION

When students access STAR, they will be asked to enter emergency contact information. Please assist your student to ensure that information is accurate.

COLLEGE COMMUNICATIONS

Holy Cross publishes a monthly Holy Cross Magazine e-newsletter, a monthly Parent and Family Engagement newsletter and a full-color publication, Holy Cross Magazine, which is mailed to

homes three times a year.

In order to receive these and other College communications and to ensure that our records are up-to-date, please complete the Family Information form at bit.ly/HCFamilyform or scan the QR code:



FROM THE HILL TO YOU

Periodically throughout the year, the Office of Parent and Family Engagement offers this webinar/podcast series specifically for families. Sessions cover a variety of topics with the goal of providing information and highlights from life on The Hill to help families support their students. All episodes are recorded and made available on our website. Recordings can be made available in other languages upon request. See the incoming student website for a listing of these webinars and to register. For incoming families, these webinars will begin this summer to assist you in preparing for your students' Holy Cross experience. See the incoming student website for a listing of these webinars and to register."



SAVE THE DATE!

Mark these special family events on your calendar:

**Mass of the Holy Spirit -
August 20, 2025**

College tradition, faculty, administration and staff welcome new students on Move-In Day with blessings, and parents and families wish them well as they begin their new journey.

**Family Weekend -
October 31 - November 2, 2025**

Parents, grandparents and other family members are invited to campus each fall to catch up with their student and explore Holy Cross. Registration will open this summer. Learn more: www.holycross.edu/parents-families/family-weekend.

OUR JESUIT MISSION

Jesuit education champions the education of the whole person – including each individual’s intellectual, social and spiritual dimensions. In the Jesuit tradition, Holy Cross views every facet of students’ growth as interconnected and complementary. Students of all faith traditions and beliefs are welcomed to Holy Cross and encouraged to think deeply about what they learn here, align that knowledge with their personal beliefs and translate their understanding into meaningful action on campus and in the world. By embracing the call to live as “people for and with others,” everyone in our community shares in this ongoing process of growth.

THE COLLEGE CHAPLAINS AT CAMPION HOUSE

Coffee, social justice, support, contemplation, friends, homemade cookies, prayer, community service, worship, retreats – what do all of these things have in common? These are some of the things the Chaplains’ Office at Campion House is known for.

Campion House and the chaplains who work here are a resource for Holy Cross students of all faiths and beliefs. Your college years will be a time of questioning, decision-making and growth. This is exciting, but also unsettling at times. At Holy Cross, the chaplains support your exploration and growth with a range of opportunities. Some students come through the doors of Campion House looking for opportunities to serve as tutors for children in the Worcester community, others come looking for a relationship with God, and still others come for the cookies and a seat to study at our kitchen table. Whether you come to be part of a support group or because you want to work for social change, common to all the programs offered through the Chaplains’ Office is an experience of hospitality, community and hope.

Whoever you are, wherever you come from, the chaplains are committed to walking with you in love wherever this transformational journey takes you.

RESOURCES

Here are just a few of the many resources that the Chaplains’ Office offers for students. You can learn more about these offerings through the Holy Cross website or stopping by Campion House.

Class Chaplain

Your Class Chaplains, **Omondi Andrew** and **Joe Penny**, will have your back and will stay with your class throughout your four years. You can meet with them or any other chaplain, whenever you need to – stop by Campion House or call (508) 793-2448 to schedule an appointment with Chaplain Omondi or Joe or one of the other chaplains.

Chaplain Check-In

Having a rough day, need to run a concern by someone for another perspective or feeling stressed? Stop by Campion House between 1:00-2:00 p.m. Monday through Friday. No appointment needed! If we can’t help you out, we can point you in the direction of someone who can.

Liturgy and Worship

Many students appreciate the opportunity to pray and connect with others at liturgy and worship in the College’s chapels. We celebrate Catholic Mass each day of the week, and offer additional ecumenical and interfaith prayer opportunities. Students are invited to serve in leadership roles in liturgical and music ministries. For students from other denominations or religious traditions, we are pleased to connect students with local faith communities for worship.

Retreats at the Thomas P. Joyce '59 Contemplative Center

Retreats at the beautiful Joyce Contemplative Center provide

opportunities to step away from campus life to slow down, connect with the natural world and build community as you contemplate your hopes and dreams, your relationship with God and the person you are becoming. Ignite is our retreat for first year students – the retreat fills quickly so register when you arrive on campus ASAP!

SPUD

Student Programs for Urban Development (SPUD) is a student-led service and justice initiative with over 30 partnerships at schools, shelters, nursing homes and other local organizations. Engage with the greater Worcester community by getting involved in SPUD, the largest student organization on campus. SPUD volunteer recruitment takes place the first week of September on campus.

Immersion Programs

The Arrupe Immersion Program provides students with the opportunity to build relationships across economic, regional and cultural differences within the United States. With over 20 different locations in a range of urban and rural communities, these opportunities to travel and form friendships are a highlight of many students' Holy Cross experience.

Cura Communities

Cura Communities are chaplain-led small group opportunities for students to have conversations about faith, justice, hope and life. Groups meet weekly throughout the semester.

Campion House

Campion is known for its hospitality: great food, comfortable couches, study spaces at the kitchen and dining room tables. You are always welcome to stop by. Campion is open daily, except Saturday, from 9 a.m. until 10 p.m. Come by for free coffee or tea, to grab a homemade cookie or to talk with someone about your day.

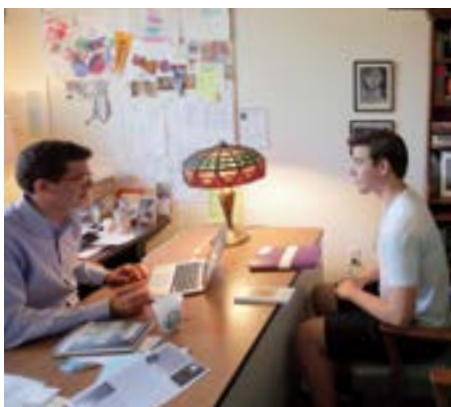


What kind of environment helps me find time for reflection?



ACADEMICS





Think of your academic plan at Holy Cross like a mosaic, with one-third of the pieces associated with your major, one-third comprising the Common Requirements and the final third representing the pieces that will complete your unique academic picture. While decisions about your first semester are important as you start creating your educational plan, you have seven more semesters to put all of the pieces together. That's plenty of time to explore your academic interests and create something special!

You'll decide which four courses to take each semester. During your first year, one of your courses each semester will be a Montserrat seminar. These seminars allow all first-year students to work closely with faculty in small class settings and connect with other first-year students through participation in interesting co-curricular activities – part of an academic program that we hope will be an exciting, productive and meaningful dimension of your life at Holy Cross and beyond. You can read more about Montserrat in the next section.

Navigating through the course selections can be exciting and intimidating. As you prepare to make your course selections, consider the following points:

- **Be thorough.** Look through all of the courses before selecting your top preferences. When considering Montserrat seminars, remember that each cluster includes a variety of seminars on different topics, and each seminar is designed to provide a rich educational experience; think about major themes that spark your interest as you compile your

list of preferred two-semester seminars.

- **Be open-minded.** Take advantage of the opportunity to explore the curriculum with an eye toward finding your home in a potential major. Our Common Requirements will provide exposure to new ideas and perspectives in a variety of disciplines, but don't be too anxious to complete all of them right away. Allow yourself the pleasure of taking courses simply because they are intriguing or different from anything you have ever studied.
- **Plan ahead.** Explore all of the wonderful on-campus experiential learning opportunities and the off-campus academic opportunities available during your time at Holy Cross. We encourage all students to consider study abroad, taking the appropriate language courses early if needed.

Throughout your time at Holy Cross, your **Class Dean, Tom Narita**, and your academic advisor will assist you with your academic program and will be important resources for you as you adjust to college life. During the summer, you can address questions to your Class Dean at classdean2029@holycross.edu. You will also have the opportunity to meet with an academic advisor in an online session during June to discuss course selection. At the end of the summer, you will be assigned to your academic advisor. Your first meeting with your advisor will be set up at the beginning of the semester so that you can introduce yourself and begin discussing issues of interest to you. You'll meet several times with your advisor during your first year.

YOUR FIRST SEMESTER

The normal course load for students at the College is four courses, excluding labs and practicums. All first-year students will enroll in one Montserrat seminar and three additional courses each semester.

We pride ourselves on small classes and the opportunity they provide for meaningful interaction between students and faculty in and out of the classroom. However, small classes can mean that you will not always obtain your first choice of courses. Therefore, we suggest that you have multiple alternate course options. As you make your choices, consider using your first year to explore the curriculum as a means of discovering where your interests lie. If you are interested in exploring a particular major or pursuing post-graduate options in the health professions, you will find suggestions for appropriate course options in the First-Year Courses section of the Incoming Students Website. You can also use the College's Common Area Requirements to guide you in your selection.

Descriptions of fall courses open to first-year students, including Montserrat seminars, and detailed instructions for enrolling can be found on the Incoming Students Website, which is updated as needed. All courses listed have either some space reserved for first-year students or are only open to first-year students.



All students are required to complete courses in the areas of the curriculum listed below. Each of these areas represents a basic mode of inquiry or way of knowing the world. To enter into and engage with these different areas – to see them as parts of a larger whole – is essential to becoming a liberally educated person. Taken together, these areas of study reflect the College's understanding of the foundation of a liberal arts education.

- Two courses in the same language at consecutive levels

- One course in the arts,
one course in literature

- One course in studies in religion, one course in philosophical studies

- One course

- One course

- Two courses

Mathematical Sciences

- Two courses, at least one of which is a natural science

Here are some of the academic milestones for the summer. More information, including specific deadlines, can be found on the Incoming Students Website.

- Academic Advising Session
- Montserrat Seminar Selection
- First-Year Questionnaire
- Course Preference Form
- Enrollment in First-Year Courses
- First-Year Reading



Courses to Consider

LEARNING BEYOND THE CLASSROOM

At Holy Cross, we believe that all students should participate in at least one experiential learning opportunity and that participating in multiple experiential learning opportunities is an excellent way to personalize your degree and to gain valuable experience and expertise. The J.D. Power Center for Liberal Arts in the World hosts a number of these opportunities. Here's how to get involved:

- Enroll in a course with a community-based learning component, which emphasizes the connections between the classroom and the city of Worcester by placing students for hands-on experience with community partners. Check with the Donelan Office of Community Based Learning for a list of qualifying courses.
- Put your persuasive skills to the test by signing up for one of the trial teams, including Mock Trial, Moot Court and Mediation Team.
- Conduct original research through the Weiss Summer Research Program, which provides a stipend and on-campus housing, and a scholarly experience that is hard to beat. Students in all class years are eligible to apply.
- Apply for Ignite Funding to support a student-led project, research or conference presentation. Students in all class years can seek funding to put their big ideas to work in the world.
- Participate in the Washington, D.C. Semester Away Program, which provides students an opportunity to complete a substantial internship, a rigorous intellectual research project, and a policy or leadership course in their junior year.
- Consider taking an Academic Internship Program seminar during your junior or senior years, in which you will get credit for an internship while taking a related seminar.



RESOURCES

Academic Advisors

Advising at Holy Cross is a personal process that reflects each student's intellectual journey. Our advisors take on the role of mentor and sounding board, working with students to discuss the range of academic and career options available. In your first year, you're assigned an advisor who works exclusively with first-year students and will help you navigate all aspects of your academic experience, not just class selection. Once you declare a major, you'll be assigned an advisor within that department.

Class Dean

Dean **Tom Narita**, Associate Professor of Physics and Dean for the Class of 2029, will be engaged with your class during your four years, and plays a crucial role in monitoring and helping to advance individual students' progress. You can reach out to him with any questions regarding your academic journey or for help connecting with resources to support your academic success.

Libraries

Holy Cross Libraries make it possible for you to access just about every book, text or electronic resource you'll ever need. Professional librarians are available, through personal research consultations and within your classes, to help you find a range of appropriate items in support of your academic work. On top of that, they're experts when it comes to facilitating research and navigating information, so they can guide you in choosing a topic, locating background information, citing resources and understanding how scholarly information is structured and interpreted.

Academic Services and Learning Resources

Academic Services and Learning

Resources (ASLR) helps students develop, manage, and navigate their personal and academic goals. At ASLR, students engage in academic success programming, including peer tutoring and mentoring, collaborative learning with fellow students, individual academic coaching and interactive workshops. ASLR empowers students to succeed by helping them maximize their potential through an introduction to key resources and strategies. Learn more about ASLR on the Holy Cross website.

Student Accessibility Services

The Office of Accessibility Services coordinates accommodations for students who self-disclose with disabilities in order to promote equal access to College programs and services. The College complies with Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, the ADA Amendments Act of 2008, and applicable local, state, and federal statutes regarding nondiscrimination against persons with disabilities. Please refer to the following website with important information for students with disabilities as they prepare for postsecondary education: <https://www2.ed.gov/about/offices/list/ocr/transition.html>.

To be considered for accommodations, please see the "Students With Disabilities Requesting Accommodations" entries on the Forms and Deadlines pages of the Incoming Students Website.

Center for Career Development

From clarifying career interests to driving an effective internship or job search, the Center for Career Development (CCD) is here to help you find your place in the professional world. Through

conversation and reflection, career counselors will help you make connections between your interests, strengths and values and specific industries and careers. As you begin to make career decisions, the CCD team can help you consider the different opportunities and experiences to pursue at Holy Cross to set yourself up for success in your career and industry of choice.

All Holy Cross students have access to Handshake (<https://holycross.joinhandshake.com>), our 24-7 digital career resource. Handshake houses a calendar of events, access to scheduling appointments with career counselors, internship and job postings, career resources, and how-to guides. All Holy Cross students also have access to the HC Network (<https://hcnetwork.holycross.edu>), a database of nearly 4,000 alumni volunteers ready to speak with you about their career path, industry and employer.

If this feels overwhelming, no problem! No one expects you to have this figured out! Log in to [Handshake](#) and schedule a first-year student advising appointment, and we'll get you started, wherever you are in your career journey!

Writer's Workshop

All writers, no matter their skill level, benefit from sharing their writing with others. The Writer's Workshop at the Center for Writing supports students of any level, in any discipline, and at any stage in the writing process in individual, 45-minute appointments with trained peer consultants – juniors and seniors – representing majors from across the College or one of our professional tutors. Learn more about the Writer's Workshop, including how to make an appointment, on the Holy Cross website or Ignite page.

IMPORTANT DATES

Visit www.holycross.edu/incoming-students to prepare for your arrival in August.

Fall 2025

First-Year Students arrive

Wednesday, August 20

Classes begin

Tuesday, August 26

Last class day before Fall Break

Friday, October 10

Classes resume after Fall Break

Monday, October 20

Family Weekend

Friday, October 31 through

Sunday, November 2

Last class day before

Thanksgiving Break

Tuesday, November 25

Classes resume after

Thanksgiving Break

Monday, December 1

Last class day

Friday, December 5

Study period

Saturday, December 6 through

Tuesday, December 9

Finals begin

Wednesday, December 10

***Finals end and residence halls close**

Monday, December 15

Spring 2026

Residence halls open

Sunday, January 18

Classes begin

Tuesday, January 20

Last day before Spring Break

Friday, February 27

Classes resume after Spring Break

Monday, March 9

Last day before Easter Break

Wednesday, April 1

Classes resume after Easter Break

Tuesday, April 7

Academic Conference Day (no classes)

Wednesday, April 22

Last class day

Monday, May 4

Study period

Tuesday, May 5 through Friday, May 8

Finals begin

Thursday, May 9



*Students are expected to move out of their residence hall within 24 hours of their last final exam. Students' exams schedules are released during the semester.

MONTSERRAT

Montserrat is an innovative program for all first-year students that provides an intensive introduction to liberal arts education through a rigorous, multidimensional academic experience. The seminar – a small, year-long class in which students work closely with professors on a variety of topics – lies at the heart of the program. In this small class setting, students engage in shared inquiry and explore a variety of intellectual perspectives on important questions. In the process, students develop the writing, speaking, critical thinking and reflective skills necessary for success in their Holy Cross education and life after graduation.

Montserrat seminars are grouped into six thematic clusters (Contemporary Challenges, Core Human Questions, Divine, Global Society, Natural World and Self). Each cluster examines a theme represented by the varied topics examined by faculty members teaching in the cluster. Montserrat faculty organize regular co-curricular events and activities for each cluster to reinforce and enhance students' experiences in their seminars. These experiences seek to foster a sense of belonging in the Holy Cross community, encourage a passionate commitment to local and global community, and fuel an enduring quest for intellectual, personal and spiritual challenges.

Students within each cluster live in the same residence hall, immersing them in the spirit of community and intellectual exchange that Montserrat inspires and Holy Cross values. Big ideas addressed in the classroom or at cluster events serve as springboards for conversations that continue over dinner or during a late-night study break – which in turn give rise to enduring friendships.

The following pages include descriptions of this year's Montserrat cluster themes. You should also take time to explore the detailed descriptions of seminars in these clusters online (<https://www.holycross.edu/holy-cross-approach/montserrat/clusters-and-seminars>). We encourage you to select a range of Montserrat seminars that interest you from across at least two clusters. Remember, you are selecting full-year seminars to enroll in, not clusters. Complete instructions on how to select your preferred seminars can be found online, at least six unranked preferences are required.

If you have questions, you may contact **Professor Alison Ludden**, at aludden@holycross.edu through June 30, starting on July 1, you may contact **Professor Bridget Franco**, at bfranco@holycross.edu who will be the new Director of Montserrat, both may be reached at (508) 793-3003.

CONTEMPORARY CHALLENGES

Our theme for this year is imagining being “for and with others.” Our cluster acknowledges that our Jesuit Mission challenges us to live lives in service of and in solidarity with others, but what does this actually entail? What structural, cultural, ethical, epistemic and historical challenges exist that might restrain our ability to enact this call to its fullest? Through explorations of history, literature, music, emotion and science we seek both positive models of cura personalis as well as interventions into the contemporary challenges to this mission. We will ask essential questions, such as: What systemic and cultural obstacles to this goal can different disciplines identify and address? How can art help us understand the challenges of the past to build a community of the future? How can the pursuit of more diverse and inclusive institutions support the Jesuit mission? How can developing a scientific understanding of contemporary challenges – and probing the nature of science itself – help lead us to possible solutions? How can cultural literacy help us see commonality as well as distinction? Ultimately, what the contemporary challenges cluster aims to explore is what it looks like for communities of individuals to live lives for and with others.

CORE HUMAN QUESTIONS

In Letters to a Young Poet, Rainer Maria Rilke counsels a fellow aspiring writer to “be patient toward all that is unsolved in your heart and try to love the questions themselves ... Live the questions now” (1993, p. 27). The Core Human Questions cluster offers seminars that invite students to love and live the questions that are at the heart of human experience and at the center of a liberal arts education. Drawn from the disciplines of biology, religious studies, sociology, dance, philosophy, and literature, our seminars highlight how different traditions of academic inquiry ask questions that are at the core of human life. Students will examine broad questions, such as: What does it take to be human? What makes human life meaningful? How should we live as individuals and in relation to others? More specifically, our seminars will encourage students to explore the experience of human life by asking what it means to be born, to die, and to move through the world as an embodied human; how histories and futures make human life meaningful; what it means to be a neighbor or welcome the stranger; and how we make sense of peace and security in relation to war and suffering. By asking such questions, students will challenge taken-for-granted notions about what makes us who we are and how we should live together in this world.

DIVINE

The theme for the Divine Cluster in 2025-2026 is Encounter. We offer “encounter” as a framework for considering the depth of meanings in concepts like “divine,” “transcendent,” and “spiritual” A focus on “encountering” calls us to the understanding that we are not merely autonomous individuals but instead exist in solidarity and interdependence with the world around us. Divine Cluster courses draw on religious, scientific, cultural, and artistic perspectives, encouraging students to reflect on theological traditions, ethical teachings, and culture to examine interrelated questions. How can experiencing aspects of the mind, relationships, culture, and societies be vehicles for approaching the divine? How do we encounter and act in solidarity with each other and the vulnerable members of our society? The seminars and co-curricular cluster events will call you to encounter ideas and people (in many cases through Community-Based Learning) that open up a deeper exploration of what is divine.



MONTSERRAT SEMINAR

GLOBAL SOCIETY

The Global Society Cluster explores the push and pull of globalization and anti-globalization from multiple perspectives. What do these terms mean for individuals in a given time or place, for instance in Worcester today? How do individual experiences intersect with much broader forces? Together, through various approaches across disciplines including visual arts, literature, political science, and history, we will examine how individuals have navigated cultural differences, and how communities around the globe experience personal, political and social change. Whose voices and stories often prevail? Whose have often been buried? In what ways do we find the past in the present? Our seminars will incorporate works by artists and scholars from a range of geographical regions throughout and beyond the United States. Cluster co-curricular activities will encourage building community and new perspectives through dialogue and active listening, as we reflect on our shared responsibilities as global citizens. Students in the cluster will also have opportunities to explore local cultural institutions and organizations in and around Worcester as we consider the city's global reach.

NATURAL WORLD

Our world is one of fast-paced human and environmental change, although it has not always been this way. We have inherited institutions, structures, economies, and systems that have indelibly shaped our landscapes and waterscapes, sometimes in exploitative ways. This cluster examines the diverse ways humans have interacted with their surroundings through time and space, as well as the relationships and beliefs that have been developed around nature and the environment. The Natural World cluster seminars pursue shared questions from a range of disciplinary perspectives including literature, history, philosophy, mathematics, economics, visual arts, classics, and environmental studies. Over the course of the year, seminars will explore broad questions about the human relationship to the natural world, including: How can we (re) examine our ideas, values, and behaviors as we engage with the natural world? How can these efforts help foster our understanding and inspire us to become more reflective and active participants in the natural world?

SELF CLUSTER

The stories we hear, tell and see are crucial to our constructions of self and others. Narratives reflect, shape, and reinforce notions of self, other, and community. Who gets to tell the “official” stories? Who has stories told about them by others? How do individuals and communities author their own stories? Moreover, each of us experiences the world as a being who is embodied, self-aware, reflective, and connected with others. How does our sense of “self” emerge from our psychology? This “self” must make choices about how to live. In making these choices, we face many challenges, both individually and collectively. How does the self find meaning and purpose as it navigates interwoven and often conflicting sources and modes of identity and expression? In what ways do rapidly evolving technologies enable, complicate, or undermine these processes of self-formation and authentic connection across multiple physical and imagined landscapes of community, meaning, and value?





CAMPUS LIFE

THE HOLY CROSS COMMUNITY

Welcome to the active community and inclusive culture of Holy Cross. The College is full of opportunities to extend your learning experience beyond the classroom. You can pursue your personal interests through a variety of co-curricular activities, and you can help to meet the needs of others through a host of service programs. There are also ample avenues to develop your leadership skills, whether on a recognized student organization or on the athletic fields, as well as to grow spiritually through reflective and outreach programs. To help you make the most of your Holy Cross education, we encourage you to take advantage of our many support services. From college-life transition to academic support to wellness programs, they are designed to fully engage you – mind, body and spirit.

Student Involvement and Leadership

The Office of Student Involvement (OSI) supports a range of clubs and activities available to complement students' academic endeavors and provide a holistic collegiate experience. New students are highly encouraged to join organizations and participate in campus activities in order to acclimate to the campus and connect with their peers. Do you want to learn a new dance style? Stop by a rehearsal for one of the many dance organizations and perform in one of the many annual showcases. Play in the marching band? Holy Cross Spirit Programs consist of

cheer, marching band and pep band. These groups promote Holy Cross pride and engage in fan experience opportunities campus wide. Develop your professional skills? Host a radio show? Advocate for those in need? We have involvement opportunities for these activities and much, much more. You'll have an opportunity to learn more about the many opportunities, including nearly 100 recognized student organizations, at the annual Co-curricular Extravaganza held at the beginning of the fall semester, or you can begin exploring now on myHC.

In addition to clubs and activities, OSI provides leadership programs and workshops that occur throughout the year. These leadership experiences provide a variety of tools and resources that allow students to infuse their talents into curricular, co-curricular and vocational pursuits.

Justice, Equity, Belonging, and Identity

In every aspect of our community, Holy Cross champions justice, equity, belonging, and identity. As a Jesuit, Catholic, liberal arts college, we know that the best way to understand the world around us is to embrace the full spectrum of perspectives and life experiences. To that end, we welcome students, staff and faculty members of every race, religion, sexual orientation, socioeconomic status and gender identity. We also encourage all community members to think critically about disparities in social structures and to take action toward positive change.



CLUBS AND ACTIVITIES I'M INTERESTED IN

The Division of Justice, Equity, Belonging, and Identity (JEBI) celebrates first-year students' community social identities. Each year we recognize the many identities, experiences and stories you bring, which serve to further enhance the richness of our campus life. We hope that you will find Holy Cross to be a campus community where you feel a sense of belonging, acceptance and fulfillment. The JEBI Division will help you find connections, resources and opportunities for involvement, leadership and service. We look forward to meeting you, developing rapport and offering assistance in linking you to future campus involvements. JEBI encourages and empowers intersectional community-wide voices through engaging with others in dialogue and conversation, exchanging opinions and ideas, and working toward solidarity and justice. It is our aim to introduce and promote a more global perspective for all students.

Student Integrity and Community Standards

Part of our mission at Holy Cross is *"to build a community marked by freedom, mutual respect and civility."* When you enter the College, you are accepting an invitation to participate in the growth and development of our community. Membership in this community requires adherence to high standards of personal conduct and behavior. These standards are detailed in the College's Community Standards Process and Procedures. All students are expected to review and understand this important document prior to their arrival on campus; you can find this information on the Incoming Students Website.



RESIDENCE LIFE

First-Year Residence Halls

At Holy Cross, we believe that building a positive community within the residence halls is essential for personal growth outside the classroom. More than 90% of students live on campus, and all first-year students live on campus and participate in our unique Montserrat living/learning program.

First-year students live in four residence halls along the area of campus known as Easy Street: **Brooks Hall, Clark Hall, Hanselman Hall and Lehy Hall.**

All residence halls have study areas, community living rooms and shared kitchens. Each floor is staffed by student **Resident Assistants (RAs)** who help maintain a healthy environment that promotes academic success, individual growth and respect for others. In addition, **Area Coordinators and Residence Directors**, who are full-time, live-in staff professionals, help create an environment that fosters principles of academic excellence, student development and community responsibility.

All exterior doors to student residence halls are locked 24 hours a day and secured by an electronic computerized card access system. Access to the halls is through your CrusaderOne Card, which is issued by the Department of Public Safety. The cards are programmed to allow access into the residence halls; each student is given access only to the residence hall in which they live.

No matter which hall you live in, in each room you'll find an extra-long twin bed, dresser, desk and desk chair for each resident. The room also has either a built in closet or free-standing wardrobe. For media access, there is an Ethernet jack. Each residence hall also has Wi-Fi service. We recommend that roommates discuss prior to move-in what they'll be bringing for shared items; you'll find a full list of recommended and prohibited items on the Incoming Students Website.

Registering for Housing

The unique living-learning approach of our Montserrat program is supported through our residential structure; to help increase their own class identity and foster the building of strong social support networks, first-year students are placed in specific residence halls based on their assigned Montserrat cluster.

To secure your placement in on-campus housing, please complete and sign your Housing and Board Agreement, including the First-Year Roommate Matching Survey found in our housing software program called The Housing Director (THD) – Self-Service. This survey is designed to match students by compatibility according to basic lifestyle habits and preferences. All first-year students have their roommates assigned to them through this roommate matching system. You can find this link on the Forms and Action Due Dates section of the Incoming Students Website.

You will receive an email once housing assignments are available to view online in early August; you can log into THD – Self-Service to learn your residence hall and room assignment. Once posted, roommate and residence hall changes cannot be made. More information about THD and housing deadlines can be found on the Incoming Students Website.

Students with learning, physical or other disabilities who desire to request reasonable accommodations, including housing accommodations,

should contact the Office of Student Accessibility Services to request reasonable accommodations or to obtain documentation guidelines by calling the Office of Student Accessibility Services at (508) 793-3693, by email at haccessibilityservices@holycross.edu, or by visiting www.holycross.edu/accessibility. Incoming first-year students should request reasonable accommodations prior to June 20, 2025 at 5:00 p.m., whenever possible.

HOSPITALITY

We firmly believe that today’s hard working college students should be rewarded with a dining experience that is palate-pleasing, healthy and entertaining. As a multi-award-winning dining program, Holy Cross offers full service dining services to the entire campus community, including students, faculty, staff, alumni, parents and campus guests. The health and wellbeing of our students are our first priority, and you will get to know us well during your years on The Hill.

Standard Food Plan

All resident students are required to purchase a food plan and are automatically assigned to the Standard Food Plan. This plan provides unlimited access to our all-you-care-to-eat dining located in Kimball Hall. Come and go as often as you’d like throughout the day during operating hours, for either snacks or meals. In addition to unlimited “meal swipes” at Kimball Hall, our Standard Meal Plan also includes 8 retail meal swipes per week that can be used at participating

retail locations. Beyond our meal swipe options, our plan includes \$450 Dining Dollars, to be used at our retail dining locations across campus. Dining Dollars do not carry over and must be used before the end of the semester. Our retail location details, menus, and hours of operation can be viewed on our website at holycross.edu/community/dining.

Nutrition and Allergy Information

Whether you have food allergies, dietary restrictions or simply need some assistance with your food selections, Hospitality can provide the resources to help you make delicious choices safely and easily.

Nutrition information for all dining locations can be found on the Holy Cross Dining website under “Nutrition and Food Allergies” holycross.edu/community/dining. Nutrition facts are also available at the point of service in Kimball Main Dining Room. Students with food allergies should meet with Bradley Shannon, the Director of Culinary Development and Nutrition, to learn about food allergy services throughout campus and how to successfully navigate our menus. Please email Bradley Shannon at bshannon@holycross.edu.

STUDENT EMPLOYMENT

Hospitality is pleased to be the majority on-campus job provider for first-year students, for those awarded work-study or general campus employment. Work-study approved students are given priority for all positions, which are filled on a first-come, first served basis.

Job Preparation List

- Students who are interested in campus employment should see the [Incoming Students Website](#) for additional information, including necessary forms, deadlines



WHAT MAKES MY SPACE FEEL LIKE HOME?

and timing of information recruitment sessions.

- Be sure to review the required [I-9 documentation](#) so you have the required documents to verify your eligibility to work in the United States with you when you arrive on campus in the fall.
- Please note: International students will need to apply for a Social Security number at the start of the application process. The Associate Director of Employment and Training and the Assistant Dean of International Students will facilitate this process with the student applicant.
- Complete RSVP form to attend Hospitality Annual Student Employment Meeting.
- Attend Hospitality Annual Student Employment Meeting (includes new employee orientation).
- Complete I-9, Hire, W-4 and Direct Deposit forms.
- Register for a weekly work schedule.

Once work-study students have selected a work schedule, Hospitality will open up any available positions for applications from non-work-study students. Shifts are designed to work around class schedules. Student employees need only work as little as 2 shifts per week and have the opportunity to work more. Additionally, students are assigned to work 1 weekend shift per month throughout the semester. Proper work attire includes long pants, t-shirt, closed-toe and non-slip shoes, socks and a hat or bandana. All students will receive on-the-job training.

With excellent job performance, Hospitality offers opportunities for job advancement – a valuable opportunity to gain leadership

skills and real work experience. Students should refer to the job listings page on Ignite for other employment opportunities.

HEALTH AND WELLNESS

Holy Cross is committed to fostering optimal student health to enhance academic success. A variety of professionals provide services and programs to improve and promote physical and psychological health and wellness. We work to ensure a healthy campus environment that is accessible to all students, and we respect the unique needs of all individuals by embracing human differences.

Student Accessibility Services

The Office of Student Accessibility Services coordinates assistance for students with disabilities in order to promote equal access to programs and services at Holy Cross. The office seeks to assist students and their families in making the necessary arrangements to participate fully in academic and co-curricular pursuits. The College complies with Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, the ADA Amendments Act of 2008, and applicable local, state, and federal statutes regarding nondiscrimination against persons with disabilities. Please refer to the following website with important information for students with disabilities as they prepare for postsecondary education: www.ed.gov/higher-education/students-with-disabilities-preparing-for-postsecondary-education

To be considered for accommodations, please see the “Students With Disabilities Requesting Accommodations” entries on the Forms and Action Due Dates pages of the Incoming Students Website.

Counseling & Psychological Services (CAPS)

CAPS plays a vital role in the life of the College by offering a range of

psychological services to students and consultation and outreach to members of the campus community. Our primary goal is to support students’ mental health needs as they negotiate their transition into adulthood. Students encounter a variety of challenges during college. We provide confidential assistance to students who have a wide range of concerns, such as stress, adjustment difficulties, relationship problems, anxiety and depression. Many students seek counseling to help them through these challenges. We work collaboratively with students to promote their academic success and



personal growth during their years at Holy Cross. Visit the CAPS website at: [Counseling & Psychological Services](#)

(CAPS) | College of the Holy Cross

Health Services

Health Services is committed to providing quality health care that recognizes the individual needs of students and supports their academic success. Health care professionals provide services, programs and wellness education to enable students to become well-integrated in mind, body and spirit. Health Services is accredited by the Accreditation Association for Ambulatory Health Care, Inc., and provides health care services to all students. Services are provided by physicians, nurse practitioners and registered nurses. Services provided include primary and urgent care, health promotion, nutrition counseling, laboratory services, gynecology, lifestyle medicine services, HIV testing and PrEP management, and specialty referrals.

All incoming students must complete and submit the Health Services medical record forms located on the Health Services Website by August 4th, 2024, or one week prior to arriving on campus, whichever comes first. It is Massachusetts State Law that all

health forms are completed. If you do not hand in your forms, you may be unable to live on campus until forms are completed. See the Health Services Website for deadlines and additional information: <https://www.holycross.edu/health-services/medical-forms>

Student Wellness Education

Student Wellness Education develops, implements and assesses a comprehensive continuum of evidence based initiatives and strategies that mobilize, create and sustain campuswide health and wellness promotion practices in order to cultivate a healthy community, so students can thrive and reach their fullest potential. Our office and some of our programs are located in The Jo, our new Recreation and Wellness Center.

Services provided include:

- Alcohol and drug education and prevention
- Substance-free community activities and support
- Student recovery resources
- Sexual and interpersonal violence education and prevention
- Mindfulness and stress management opportunities
- Sleep and self-care education and opportunities
- Wellness coaching with professional staff and peer wellness coaching with current Holy Cross students

CAMPUS RECREATION

Recreation is an important part of each person's individual wellness, and at Holy Cross we strive to offer opportunities for you to get involved in an array of activities outside of Division I athletics.

These activities help build strength and dexterity while enhancing fitness, and include options like skiing,

ballroom dancing and horseback riding, in addition to more typical offerings such as soccer and volleyball. Intramurals and club sports are a great way to stay active, make friends, exercise your competitive side and develop leadership skills that will last a lifetime.

While organized athletics are one of the most popular fitness activities on campus, they are by no means the only option. Campus Recreation also facilitates fitness classes geared towards all fitness levels such as yoga, Pilates, spinning and Zumba that are taught by certified students and professional instructors. Other fitness opportunities include participating in off-campus outings, joining performance groups such as Dance Ensemble and getting involved with service organizations.

The Joanne Chouinard-Luth Recreation and Wellness Center

There are a number of facilities on campus for recreation and wellness, but the newest is the Joanne Chouinard-Luth Recreation and Wellness Center, which opened in 2021. "The Jo," as it's known around campus, contains sports courts, a jogging track, weight rooms, locker rooms and rooms for yoga, spinning and other fitness classes. Appointments are available so students can learn how to use the equipment and get started with a workout routine. The center is home to all club and intramural sports, as well as recreation, fitness and wellness programming for students, faculty and staff.

Club and Intramural Sports

You don't need a 90-mph fastball or lightning speed to play sports at Holy Cross. Our club and intramural sports teams allow students to compete in a range of activities without the commitment required by full-time varsity athletics. There are over 20

club sports teams, with competition ranging from recreational to highly competitive against other schools in the Northeast.

Looking for something a little more laid back? Intramural sports provide the opportunity for students to compete against other Holy Cross students in league play. Each league lasts about 4-6 weeks and culminates in the crowning of an intramural champion for each sport. Whether you're interested in continuing your favorite sport from high school or learning something new, there's something for everyone.

INTERCOLLEGIATE ATHLETICS

Athletics are an integral part of the Holy Cross experience for students, alumni, families and friends. Whether you are competing or cheering on your Crusaders from the stands, everyone in our community is an integral part of our Athletics program.

Sponsoring a comprehensive athletics program at the NCAA Division I level, Holy Cross has 27 varsity teams. Intercollegiate sports for men are: baseball, basketball, cross country, football, golf, ice hockey, lacrosse, rowing, soccer, swimming & diving, tennis, and indoor and outdoor track & field. Crusader women compete in: basketball, cross country, field hockey, golf, ice hockey, lacrosse, rowing, soccer, softball, swimming & diving, tennis, indoor and outdoor track & field, and volleyball.

A charter member of the Patriot League, Holy Cross competes with American, Army West Point, Boston University, Bucknell, Colgate, Fordham (football only), Georgetown (football only), Lafayette, Lehigh, Loyola (Md.) and Richmond (football only) (new this year).

In non-league competition, the Crusaders face numerous top Division I programs, including many opponents from the Ivy League, Metro Atlantic Atlantic Conference and America East Conference. The men's ice hockey team is a member of Atlantic Hockey America, while the the women's ice hockey squad competes in the Hockey East women's league. With more than 700 student-athletes, Crusaders are recognized for their outstanding achievement in athletic competition and in the classroom, ranking among the top schools in Division I in student-athlete academic performance and graduation success rates.

SPIRIT PROGRAMS

Holy Cross Bands

Established in 1845, the College's bands include the Goodtime Marching Band and the Bettertime Pep Band. The Holy Cross Bands are committed to serving and engaging the campus community with quality music, talented musicians and creating memorable experiences. Members of HC Bands participate in an inclusive and safe environment in which all are welcomed and valued. This is manifested through a commitment to upholding the highest standards, academically and musically.

We are actively seeking new members to participate in our ensembles. We accept all interested members, including those with no experience. For more information, please email Mackenzie Drew, Assistant Director for Spirit Programs, mdrew@holycross.edu.

Cheer Team

The cheer team is responsible for promoting Holy Cross athletic competitions, generating school spirit and fan engagement at various

events campuswide. The cheer team is present at home football, men's and women's basketball games and participates in select travel games each year. Members come from a variety of backgrounds including all-star cheer, high school varsity cheer team, and or a number of other sports such as gymnastics, dance and more.

For more information, please email Mackenzie Drew, Assistant Director for Spirit Programs, mdrew@holycross.edu.

RESOURCES

College Store

The College Store, owned and operated by Holy Cross, offers a wide selection of high-quality imprinted apparel and gifts for students and their families in store and online at <https://bookstore.holycross.edu>. Textbooks and required course materials are available for purchase from the online catalog at <https://bncvirtual.com/collegeholycross>. Please note that textbooks should be purchased online before coming to campus, as books are not available for purchase in the store.

Crusader OneCard

The Crusader OneCard is your official identification card. While on campus, you should carry your OneCard at all times, as it serves many purposes, including entry into access-controlled residence halls, athletic facilities, sporting events and entertainment events on campus, and access to campus services such as meal plans and library book checkout.

Information Technology Services

Technology support is provided through the Help Desk in Information Technology Services (ITS), located in the basement of Fenwick Hall. ITS staff can assist with applications used by students, including Gmail (email), STAR (online student information),

Microsoft Office, and Canvas (course management system). We also help with network problems involving PCs and Macs, including devices such as Apple TV, Google Chromecast, Amazon Fire TV, gaming consoles and web-enabled televisions. See the Help Desk website for more information: <https://www.holycross.edu/its-help-desk>

Mail Services

The Mount Saint James Station is conveniently located in the Hogan Campus Center, adjacent to the College Store. Students are assigned a box number they'll use all 4 years, which can be found by logging into STAR. Please do not use "P.O. Box" but rather "HC Box" or simply the four digits as these are not true P.O. boxes so parcels addressed as such may be delivered elsewhere in Worcester. For the most efficient means of receiving your mail, please have senders use the following format:

Student Name - ####
(Four-digit mailroom number from STAR)

College of the Holy Cross
1 College Street
Worcester, MA 01610-2395

Parking and Transportation

First- and second-year students are not permitted to have vehicles on campus.

The College has partnered with Uber to provide student transportation solely for College-sponsored service work in the Worcester area. We partner with Zipcar to provide car rental service to students and community members who are 18 years of age or older. The Student Government Association provides shuttles each weekday (Monday through Friday) to area shopping and throughout Worcester each weekend (Saturday and Sunday).

RESOURCES

OFFICE OF THE BURSAR

The Office of the Bursar is primarily responsible for the managing and maintaining of student tuition accounts. The office sends out the semester bills for tuition and fees as well as crediting your account for payments and financial aid.

Holy Cross uses e-billing to improve convenience and service, to reduce cost and to provide quick access to billing information. An email notification will be sent to students and their authorized users when the monthly bill is available. Tuition bills will reflect any financial aid awarded as of the issue date. Updated bills are available at the beginning of each month. Students may view their tuition account and billing statements at any time using the TouchNet Bill+Payment link on their Student Academic Records System (STAR) account.

TouchNet Bill+Payment access is available to parents/guardians and other authorized users; students will determine who has access to TouchNet and what information they may view in order to be compliant with the Family Educational Rights and Privacy Act of 1974 (FERPA), a federal law enacted to protect the privacy of students. If an authorized user is not established, only the student will have access to the e-bill. Students are encouraged to grant access to their parents/guardians or any other individuals who may be assisting them with their financial responsibility.

The College is committed to being transparent about its billing and payment policies/procedures. We want our students to be aware of these policies and thus their responsibilities. Students will need to complete a Financial Responsibility Agreement (FRA) every semester in order to participate in course enrollment. The

FRA, in conjunction with our website, e-bill, letters and other documentation, helps define the College's expectations for payment and allows us to clearly inform students of our policies related to billing, late payments, contact methods, etc. Further information about the FRA can be found on the Bursar's website at [holycross.edu/bursars-office/financial-responsibility-agreement](https://www.holycross.edu/bursars-office/financial-responsibility-agreement).

Please visit the Bursar's Office website, [holycross.edu/bursars-office](https://www.holycross.edu/bursars-office), for more information about:

- Payments, policies, and procedures
- Payment plans
- Financial aid deductions
- Credit balance refunds
- Health insurance
- Tuition Refund Insurance

DEPARTMENT OF PUBLIC SAFETY

Emergency number: To report emergencies on campus, call (508) 793-2222, or from any campus telephone dial x2222. All calls are received at the Public Safety Emergency Communications Center, which is staffed 24 hours a day. For routine calls or for more information about campus policies or procedures, call 508-793-2224.

Email: publicsafety@holycross.edu

Holy Cross is committed to ensuring a safe and secure community for all students, faculty, staff and visitors. The Department of Public Safety (DPS) is your police department on campus. They strive to develop and maintain positive relationships with all members of the College community and to maintain an environment in which students, faculty and staff may experience academic, professional and personal success. Public Safety is staffed 24 hours a day, seven days a week with full-time, academy-trained, certified police officers. They respond to all calls for emergency assistance, all reports

of crimes, and have full investigative and arrest authority. Public Safety is located in the lower level of the new Joanne Chouinard-Luth Recreation and Wellness Center. More information about Public Safety can be found on our website: <https://www.holycross.edu/campus-life/public-safety>

Students are encouraged to download the free [RAVE Guardian](#) app on their smartphones. The app gives students immediate text access to the DPS emergency dispatchers. The app can be downloaded from the App Store or Google Play. Check out this link for



a quick video on how the app works: <https://ravemobilesafety.wistia.com/medias/auio94eoot>

Emergency Notifications: HC ALERT

In the event of a critical incident or emergency event on campus, the Department of Public Safety may launch an emergency notification to the Holy Cross community. The message would be sent simultaneously as an SMS text message, a voicemail, and a phone call through the HC Alert system. All students' contact information is automatically loaded into the HC ALERT system. The messages would include information about the incident and would give directives on immediate action students should take. Updates would follow in subsequent messaging.

OFFICE OF TITLE IX AND EQUAL OPPORTUNITY

The Office of Title IX and Equal Opportunity supports the College's commitment to a safe and inclusive community through responding to allegations of discrimination, harassment, sexual and relationship violence and stalking. The work of the office is aligned with the mission of the College, where students are challenged to answer the question, "What are our obligations to one another?"

Respect for another individual is the foundation of healthy relationships and the key to prevention. It is with this concept in mind that the office also conducts training and prevention education to ensure the campus community understands the definitions of prohibited conduct, their rights under campus policies, and available resources at the College and in the community. Please visit the departmental website to access the Sexual Misconduct Policy and the Interim Discrimination and Discriminatory Harassment Policy and Procedures: <https://www.holycross.edu/office-title-ix-and-equal-opportunity>

IMPORTANT CONTACTS

We've given you lots of information in this booklet – here's a quick list of all the important contacts you might be looking for:

Incoming Students Website

www.holycross.edu/incoming-students

Don't forget, check the Forms and Deadlines tab for important links and deadlines.

Academic Services and Learning Resources

Hours: Monday through Friday 8:30 a.m. – 12:00 p.m. and 1 p.m. – 4:30 p.m.

Phone: (508) 793-2713

Email: academicservices@holycross.edu

College Store

Hours: Regular semester hours are Monday-Friday 9-4:30 & Saturday 11-3 with extended hours for special events. Break hours are Monday-Friday 9-4.

Phone: (508) 793-3393

Email: hstore@holycross.edu

Online catalog:

<https://bookstore.holycross.edu>

Class Dean

Tom Narita, Associate Professor of



Physics and Dean of the Class of 2029

Phone: (508) 793-2532

Email: classdean2029@holycross.edu

College Chaplains

Hours: Monday through Friday 8:30 a.m. – 10 p.m.; Sunday Noon – 10 p.m.

Phone: (508) 793-2448

Class Chaplain

Omondi Andrew
and **Joe Penny**

Email: oandrew@holycross.edu

Counseling & Psychological Services (CAPS)

Phone: (508) 793-3363

Email: caps@holycross.edu

Hours: Monday through Friday 9:00 a.m. – Noon & 1:00 – 5:00 p.m.

Urgent Care (same-day, walk-in appointments) at 10 a.m. & 3 p.m.

Hospitality

Phone: (508) 793-3384

Email: dining@holycross.edu

Health Services

Hours: Monday through Friday, 9 a.m. – noon and 1 p.m. – 5 p.m.

Phone: (508) 793-2276

Physician on call after hours:
(508) 334-8830

Financial Aid

Phone: (508) 793-2265 or
(508) 793-2266

Email: financialaid@holycross.edu

Information Technology Services (ITS)

ITS Help Desk

Hours: Monday through Friday, 8 a.m. to 5 p.m.

Phone: (508) 793-3548



Email: helpdesk-request@holycross.edu
Student technology information:
<https://www.holycross.edu/its-help-desk/student-technology>

Montserrat

Alison Ludden, *Outgoing Director*
 Email: aludden@holycross.edu
Alison Ludden, *Incoming Director (July 1)*
 Phone: (508) 793-3003
 Email: bfranco@holycross.edu

Gateways Orientation

Patrick Rogers,
Director of Orientation and Transition
 Phone: (508) 793-2603
 Email: gateways@g.holycross.edu

Parent and Family Engagement

Cathleen Doane Cannon, *Director*
 Phone: (508) 793-3344
 Email: families@holycross.edu

Public Safety

Hours: Staffed 24/7
Routine Calls: (508) 793-2224
Emergencies: (508) 793-2222
www.holycross.edu/campus-life/public-safety

Registrar

Phone: (508) 793-2511
 Email: registraroffice@holycross.edu

Residence Life and Housing

Hours: Monday through Friday, 8:30 a.m. to 4:30 p.m.
Phone: 508-793-2411
 Email: ResLife@holycross.edu

Student Accessibility Services

Hours: Monday through Friday 8:30 a.m. – 12:30 p.m. and 1 p.m. – 4:30 p.m.
Phone: (508) 793-3693
 Email: hcaccessibilityservices@holycross.edu

For more information on submitting a request for accommodations, please visit the Forms and Action Due Dates section of the Incoming Students Website.

Student Accounts

Hours: Monday through Friday, 8:30 a.m. - 4:30 p.m.
Phone: (508) 793-2521 or (508) 793-3493
 Email: bursar@holycross.edu

Student Employment

Margaret Rollo,
Associate Director of Employment & Training, Hospitality
Phone: (508) 793-2798
 Email: mrollo@holycross.edu

Title IX and Equal Opportunity

Phone: (508) 793-3336
 Email: titleix@holycross.edu



NOTES



DON'T FORGET!

Check the Incoming Students Website for all your key forms and deadlines under the Forms and Deadlines tab