

INTERNSHIPS AT HOLY CROSS

Internships are an essential part of an undergraduate's preparation for fruitful careers. Whether students plan on commencing a career immediately after graduation, or they seek to pursue graduate or professional studies, internships are a requisite experience. Because many internships are unpaid, these essential opportunities can be beyond reach for many at Holy Cross. Support of internships through the College's Center for Career Development

ensures that the formation for career and professional success is open to all of our students, and that they are empowered to complement the study of the liberal arts with invaluable practical experience.

Due to the consequences of the COVID-19 pandemic, many in-person internships were canceled this year, but thanks to the generosity of alumni, parents and friends, many remote opportunities were created, enabling students to participate in formative placements.

To accommodate the conditions of this unusual year, the typical 8-10 week, 35 hour/week minimum was waived in some cases to allow for project-based micro internships and shorter remote internships. All internship placements required:

- ▶ A dedicated supervisor who oversaw the learning and growth of the student
- ▶ Weekly (at a minimum) meetings with the supervisor
- ▶ Mutually agreed upon Learning Outcomes and goals for the internship
- ▶ Proper on-boarding and training
- ▶ A platform for communication and flow of work (Zoom, Skype, Google Meets, etc.) free of charge
- ▶ Participation in staff meetings
- ▶ A final written evaluation of the student's performance completed by the employer at the end of the internship for the College's Center for Career Development
- ▶ Student support by professional staff in the College's Center for Career Development



"Now more than ever, the College's mission to educate leaders for principled service in business, professional, and civic life is especially needed. Internships allow students to learn and thrive in a professional setting while discerning a particular career path as they prepare to exercise this type of leadership. I am grateful to so many alumni, parents and friends who recognize the importance of internships and give generously to offer financial assistance for Holy Cross students who have secured

otherwise unpaid opportunities. The generosity of our community levels the playing field for students across all socioeconomic backgrounds and empowers them to remain competitive when seeking full time employment."

— **Amy Murphy**
Director, Center for Career Development



"Internships provide students opportunities to apply the skills and knowledge they develop in their academic experience at Holy Cross in a professional environment. Exploring a field of work, building a professional network, and gaining experience is critically important for our students' professional success. Your support allows students to pursue these unpaid, transformative experiences that otherwise may not have been accessible for them. Particularly with the many challenges we have faced in this

difficult year, the contribution that alumni, parents and friends have made in underwriting and providing internship opportunities has been inspiring."

— **Pamela Ahearn**
Director of Employer Engagement,
Center for Career Development



"I learned to distinguish the necessary evidence and gained an understanding of the format of legal documents. I also learned to navigate through legal resources and use them to my benefit. Through this internship I familiarized myself with legal writing and research. I became more passionate about the law. Additionally, the varying assignments gave me insight into my strengths as well as preferences of tasks within the legal career, which brought me closer to deciding the type of law career I wish to pursue."

— **Kat Georgiou '22**
Moreno Law Office LLC, Worcester, Mass.

Supported by James D. Power III '53 P and family through the Kenrose Kitchen Table Foundation

"Besides gaining great work skills, I was able to see my love for the arts and theater grow during this internship. It taught me that artists are the most resilient group of people, and that art is critical to a community, especially in times of turmoil and uncertainty. It was incredibly rewarding to watch the young artists take on the challenge of creating art on a digital platform and succeed in doing so. For most of my life, my dream was to act, and while I still do have that passion, I can see myself working in arts administration, and also possibly looking into producing theatre. Overall, this internship showed me the different ways I will be able to keep working in the theatre and have the arts be a part of my life, even if I do not continue to act."



— **Liza Goodman '21**
Digital Renaissance Project, Wilton, N.H.

Supported by the Holy Cross Leadership Council of New York



"This experience taught me a lot about immigration law and how the route of an individual's case can quickly shift depending on the policies passed by the administration in charge of our country. Additionally, I learned the importance of being quick, adaptable, and efficient when working on client cases to ensure maximum customer satisfaction. This internship solidified my interests and passions for immigration law. This is a career that I want to pursue to serve a community that I deeply care about."

— **Yesenia Gutierrez '21**
Santamaria Law Firm, P.C., San Francisco, Calif.

Supported by the Holy Cross Leadership Council of the Bay Area (Richard Carlstrom '78)

"My internship experience allowed me to gain insight into the marketing and administrative sides of the nonprofit arts industry. I learned how the systems behind the scenes operate in order to create the shows that are seen on stage. I have also learned how to adapt to unimaginable circumstances, to communicate clearly and efficiently through virtual platforms, to research for marketing purposes, and to ask for professional guidance. This experience has allowed me to explore an entirely new side of the industry that I do not have much exposure to – opening my mind to various potential routes I could explore for a future career."



— **Misha Macy '21**
New York Repertory Theater, New York, N.Y.

Supported by the Holy Cross Leadership Council of New York

"I worked with a small team and supported them with research and analysis on varied topics, including how Connecticut businesses aided COVID-19 efforts, growth opportunities in select municipalities, and the potential for biotech growth in Connecticut. This experience has taught me a tremendous amount about the importance of research and teamwork. I was able to learn how work is delegated and the importance of meeting deadlines while prioritizing projects.

This internship has helped to solidify my interest in both economics and finance. I am grateful for this valuable experience, which helped me to further clarify my future career interests and goals."

— **Chase Maitland '22**
AdvanceCT, Rocky Hill, Conn.

Supported by Michelle and Robert Atchinson P



"I have learned so much about pulmonology diagnoses and treatments, patient care, how to carry out a research study, and how to be successful at doing it from home. Many doctors have suggested that this vaccine study has publishing potential, so I am looking forward to that. I have also learned how to network and build relationships with professionals in and out of our practice. This internship opportunity reinforced my aspirations of pursuing a career in medical research. It helped me learn that I want to be an educator in the field as well."

— **Christopher Smith '22**
New York Medical College, Valhalla, N.Y.

Supported by the Holy Cross Leadership Council of New York



"The work of the Worcester Together team has had a profound impact on the most vulnerable in the city, distributing resources such as food, shelter and personal protective equipment. I am seeing firsthand the dedication so many nonprofit leaders have for their community and the rewards and challenges of doing such emotionally intensive work. I am also learning much more about city politics."

— **Paulina Martin '21**
United Way/Worcester Together, Worcester, Mass.

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THANK YOU

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