Carlisle Academy’s
Introduction to Equine Activities and Therapies

Educational Internships for College Students

Application Packet

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Carlisle Academy, 65 Drown Lane, Lyman, Maine
Carlisle Academy is pleased to be an educational resource for equine therapy and sport professionals and practitioners. Our credentialed equestrian and clinical staff offer leadership programs at Carlisle Academy and across the country in:

- Para-Dressage/Para-Driving Coach Training
- Adaptive Riding Instructor Mentoring
- Horse Handler Training Program
- Stable Management Internships
- Clinical Therapy Internships & Research
- University-Level Field Courses
- Therapy Curriculum Development
- Organizational Consulting

Clinical Education • Professional Development • Coach Training

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Introduction
Our internships for college aged students are designed to introduce them to the equine activities and therapies and provide a stimulating and well-rounded learning experience. This experience will facilitate critical thinking and provide the intern with experiences that will support their undergraduate and/or post graduate studies.

This internship covers topics such as: therapy equine care including selection, handling and conditioning, differences between hippotherapy and adaptive riding and respective professional credentialing, basic human and equine anatomy, participant medical precautions and contraindications, substantial exposure to working with people with mental and physical health conditions, understanding of safety and risk management strategies used by a PATH, Intl Premier Accredited Center.

About Carlisle Academy
At Carlisle Academy Integrative Equine Therapy & Sports, it is our mission to transform lives through horses. We provide a continuum of distinctive services - rehabilitative through recreational - within an inclusive environment that fosters learning, growth and overall wellbeing. It is our vision to pioneer innovative practices, promoting educational excellence, and advance the field of equine therapy and sports within and beyond the communities we serve.

Carlisle Academy's programs include:
- Hippotherapy
- Adaptive riding
- Adaptive carriage driving
- Interactive vaulting
- Veterans and senior groups
- Para equestrian development
- Traditional riding programs
- Professional mentoring
- Clinical and educational internships
- Workshops, clinics, courses and certifications

Carlisle Academy is committed to providing the highest quality outcomes to riders of all ages and abilities. As a PATH Premier Accredited Center and a CHA Member Center serving over 350 participants per year, Carlisle Academy offers several first-rate programs including the largest hippotherapy program in northern New England, the first approved equine program in Maine for disabled veterans, and pioneering education in para-equestrian sports. All instructing staff is nationally certified through either the Professional Association of Therapeutic Horsemanship (PATH) or the Certified Horsemanship Association (CHA), with additional specialty certification in Vaulting, Adaptive Carriage Driving, and Equine Specialists in Mental Health & Learning. On-staff occupational and physical therapists are credentialed as Hippotherapy Clinical Specialists (HPCS) by the American Hippotherapy Certification Board, which represents the highest level of credentialing in the field, and held by under 100 therapists internationally. Additional specializations include Sensory Integration and Neuro-Developmental Treatment certifications.

Internship Prerequisites
- College student with school contractual agreement
- Completed application with resume attached
- Personal Interview
- Review of Temple Grandin movie is required before interview
- Review of the following websites prior to interview: www.carlisleacademymaine.com; www.pathintl.org; www.americanhippoorthrapyassociation.org
- Horsemanship/Riding Proficiency Test (Walk/Trot Proficiency is REQUIRED)
• Carlisle Academy Side walker Training module (2 hours)
• Child/adult First aid/CPR certification is recommended but not required

Included in Internship

• 45 minute weekly riding lesson
• Weekly supervision by professional staff
• College credit hours as determined by college advisor
• Written summary of performance with recommendations to support post graduate program admission
• Guidance and support with health career exploration
• Unique ability to interact with people of all ages with a variety of mental and physical health conditions
• Unique ability to observe the training and handling of therapy equines

Learning Objectives

1. The intern will demonstrate a beginner ability to work with people of all ages with a wide variety of mental and physical health disabilities.

2. Intern will demonstrate the ability to follow the leadership of within all assigned therapeutic riding and hippotherapy sessions.

3. Intern will demonstrate advanced professional time management and work organization behaviors.

4. Intern will demonstrate beginner level knowledge of human and equine anatomy as well as the sensory motor relationship between horse and rider during adaptive riding and hippotherapy sessions.

5. The intern will demonstrate a beginning understanding of safety and emergency practices reflected in the accreditation standards of the Professional Association of Therapeutic Horsemanship, Intl (PATH, Intl).

6. The intern will demonstrate a beginning understanding of equine selection, training and handling practices used by Carlisle Academy.

7. The intern will develop basic horsemanship and riding competencies.

Tuition:
$750  (20 hours per week for 7 weeks) $150 non-refundable deposit due upon acceptance
$375  (10 hours per week for 7 weeks) $75 non-refundable deposit due upon acceptance

Refund and Credit Policy
If a student withdraws from the course, refund or credit of fees are available only under the following circumstances:
• If a student withdraws from the course for medical reasons. A physician’s statement is required.
• If a cancellation is initiated by Carlisle Academy.

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