

TO: Incoming Freshmen Recruited Intercollegiate Varsity Athletes
FROM: Anthony Cerundolo
Head Athletic Trainer
SUBJECT: Pre-Season Medical History Forms

I would like to take this opportunity to welcome you to Holy Cross' Athletic Department and to explain what your responsibilities are in providing us with a complete up-to-date medical history. This letter pertains solely to recruited intercollegiate varsity athletes.

Enclosed in this mailing is the College of the Holy Cross Health Services Medical Record Forms. In addition, all varsity athletes must complete the **Orthopedic Assessment** form and provide details of current or past injuries and treatments. You will be asked to fill out this form only during your first year. Each year thereafter, your medical history form will be reviewed by our Certified Athletic Trainers and updated as needed. Information you provide us will not be used to influence your situation at the College. All incoming, freshmen, varsity athletes must complete these medical forms as part of their required pre-participation screening prior to participating in intercollegiate athletics at Holy Cross College. You will not pass your pre-season screening or be allowed to compete without these forms being on file with our office. This information should be mailed to The College of the Holy Cross Health Services in the envelope provided. Copies will then be forwarded to the Sports Medicine Department. These forms should be completed and returned by July 15, 2008.

Each student must have health insurance. If an athlete is injured, their primary insurance must be utilized. If your family is a member of a Health Maintenance Organization (HMO), you must contact your primary care physician to ensure that the proper procedures are followed. It is the athlete's responsibility to have access to their insurance card and to assist with all insurance claims.

The information that is requested is a vital part of both our pre-season screening process and our daily care and prevention program offered to all of our varsity athletes. The Athletic Training Department is staffed by licensed, certified athletic trainers who provide care that includes prevention, recognition, evaluation, rehabilitation, and emergency care of all athletic injuries.

Thank you for your cooperation in helping us to maintain our care and prevention program. If you have any questions, please feel free to contact Sports Medicine @ 508-793-2627. We are looking forward to you joining us as a Holy Cross student-athlete. See you in the fall!